The Objects of The University of Notre Dame Australia are:

a) the provision of university education within a context of Catholic faith and values; and

b) the provision of an excellent standard of –
   i) teaching, scholarship and research;
   ii) training for the professions; and
   iii) pastoral care for its students.

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</table>
Welcome to The University of Notre Dame Australia’s School of Health Sciences, Fremantle

This School had its beginnings in 2001 within a College of Health with courses in Health and Physical Education and Applied Science. Since that time, these courses have been revised and new courses developed in Biomedical Science, Exercise and Sport Science, Preventive Health, and Outdoor Recreation. Students who are interested in exercise rehabilitation or research can extend their studies at the postgraduate level.

The vision of the School is to graduate young professionals who will be working at the cutting edge of health sciences with the knowledge and practice to further personal and community health. The health care industry has diverse needs and we provide through our various courses professionals who will work across a spectrum of approaches to improving health. Across the diverse study areas such as education, early intervention and prevention, to diagnostics and research, treatment and rehabilitation we aim to produce highly skilled graduates who have a commitment to a human-centred focus and a strong service ethos.

"The vision of the School is to graduate young professionals who will be working at the cutting edge of health sciences with the knowledge and practice to further personal and community health."

Whether you are studying to become a biomedical or diagnostic scientist, a health and physical education teacher, an exercise science practitioner, a health promotion professional or an outdoor recreation professional your common bond will be an interest in promoting healthy living.

Our values-based curriculum, strong practical focus, and student-centred approach all provide for a meaningful university experience while attaining a highly valued and internationally recognised qualification.

I welcome you, our future health science professionals, to our School.

Professor Naomi Trengove
Dean, School of Health Sciences
Studying at Notre Dame has cemented my belief in the power of learning in small groups. Notre Dame has provided the platform to facilitate learning in particular areas to complement the degree studied whilst achieving specific pre-established career goals.

Carolyn
Bachelor of Outdoor Recreation
Why choose Notre Dame?

At Notre Dame you will be part of a vibrant and connected community. You will receive an excellent standard of training for your profession of choice within a context of Catholic faith and values. You will be encouraged to expand your mind and develop your critical thinking and reasoning skills. You will learn in an environment where your education and development as a person is important to everyone.

You are a person, not a number

Students are the heart of Notre Dame. You will be seen as a person, not a number, and supported every step of the way to develop your unique gifts and talents.

With Notre Dame’s commitment to pastoral care and smaller lecture group sizes, you won’t get lost in the crowd.

Gain real-world experience

Notre Dame’s Health Sciences students receive a minimum of 150 hours practicum as part of their course, with students enrolled in the Bachelor of Health & Physical Education spending 27 weeks in-situ. Notre Dame’s Health Sciences programs appropriately reflect the University’s commitment to hands-on learning.

Highest graduate employment rate in WA

Notre Dame has the highest graduate employment rate of all WA universities.

81.8 per cent of Notre Dame’s Bachelor degree graduates secure full-time employment shortly after graduation*.

*myuniversity.gov.au/Universities

Leading the way in outdoor education

Notre Dame’s fully-accredited Bachelor of Outdoor Recreation, unique to WA, prepares students for breathtaking careers in recreation, tourism and education.

Learn from leaders in their fields

Notre Dame lecturers are leaders in their fields, so you will benefit from the latest industry insights and expertise and graduate well-equipped for your chosen profession. See page 12 to meet some of our key academic staff.

Rated 5 stars by graduates

For eight consecutive years, graduates have rated Notre Dame 5 stars in the categories of: Teaching Quality, Generic Skills and Overall Graduate Satisfaction. In 2015, Notre Dame was also awarded 5 stars for: Getting a Full-time Job and Graduate Starting Salary in the 2015 Good Universities Guide.

Catholic intellectual tradition

Notre Dame’s courses reflect the Catholic intellectual tradition which builds on the riches of the past and present while preparing you for life and work.

A Notre Dame education will provide you with a grounding in the Catholic tradition of liberal education by exposing you to the best philosophical and theological arguments about life and the reality we live in.

The level of knowledge that the students bring is a fantastic footing for them to be able to gain practical experience in our setting, with the vast majority thriving in the practical environment. We will continue to take Notre Dame students in our Clinic and are extremely proud of our ongoing relationship with Notre Dame’s School of Health Sciences.

Michael Jennings and Caroline Cairns – Clinical Exercise Physiologists
Fremantle Exercise Physiology Clinic
Be part of a national 5 star university

The University of Notre Dame Australia is a national Catholic university with Campuses in Fremantle, Broome and Sydney and clinical schools in New South Wales and Victoria. As a Fremantle Campus student you can be a part of our vibrant learning community in the historic West End of the port city of Fremantle.

Location

Notre Dame’s foundation campus is located in Fremantle. It operates in beautifully restored buildings which have produced a town university of great character.
Fremantle Campus
19 Mouat Street, Fremantle WA 6959

63 RESTAURANTS
covering a wide range of cuisines

31 CAFÉS
welcome to the home of coffee

30 MINUTE TRAIN OR CAR RIDE
into Perth CBD

24 BUS STOPS
within a five minute walk

10 FESTIVALS & CONCERTS
throughout the year

27 WEEKS PRACTICUM PLACEMENT
in Health & Physical Education degree

6 THEATRES & CINEMAS
plus a multitude of galleries and museums

5 MINUTE WALK
to Fremantle Station

3 MINUTE WALK
to Bathers beach

1 AUSTRALIAN FIRST DOUBLE DEGREE
in Physiotherapy/Exercise & Sport Science

The School of Health Sciences (ND46) is located on Cnr of Phillimore and Henry Streets (Entrance Phillimore St), in the heart of historic Fremantle.
Core Curriculum

The University believes that the Core Curriculum is intriguing, enjoyable, builds mind and character, and opens up questions that will help make life and work more meaningful and richer in potential.

Students attend university for many reasons — to continue their studies, gain a qualification, train for a profession, learn together with others or to meet different people. Some of these goals can be sought in other institutions; but universities are unique in the way they bring all these goals together. This happens through a particular approach towards intellectual development — how we identify knowledge and truth, and how we let them change us.

Notre Dame’s Core Curriculum brings all of our students together under one banner. The Core places the life of the mind (often called the “intellectual life”) proudly to the fore in every one of our degree courses. The Core asks: how does developing our grasp of knowledge and truth change us, our workplaces, our families and our choices? The Core draws on the riches of philosophical and theological thought.

Philosophy seeks to clarify the truth about the human person, God, our world, and our conduct. Philosophy uses texts and methods of inquiry and reasoning built up over centuries by some of the finest critical minds.

Theology approaches similar questions through different texts and in the light of the faith position of one particular religious tradition. At Notre Dame, the philosophy we study is Western philosophy and the theology we study is Catholic theology.

Undertaking the Core Curriculum requires no previous study, experience or religious commitment. Philosophy and Theology are academic subjects and taught in the Core at introductory level.

Notre Dame’s Health Sciences students graduate with the critical thinking skills integral to their future vocation. Combined with a deep respect for others and the motivation to shape the lives and futures of those in their company, Notre Dame’s health graduates are highly regarded for their practical abilities within an ethical framework.

The Core aims to achieve a real change in students’ understanding and choices through the following:

- Developing the capacity for critical reflection and reasoned argument.
- Introducing intriguing theories and concepts concerning human persons, our search for meaning and truth and our attempts to base social life on reason and morality.
- Introducing themes from the Greco-Roman philosophical tradition and the best of Christian and secular reflection on that tradition.
- Discussing the relationship between faith and reason.
- Exploring the key elements of ethics, such as human purpose and happiness, needs and rights, virtues and duties, justice and charity.
- Encouraging the integration of discipline-specific knowledge with knowledge concerning the fulfilment of human individuals and communities.
- Bringing together students from different disciplines and backgrounds to study key themes from Western philosophical and Catholic theological traditions.

The University believes that the Core Curriculum is intriguing, enjoyable, builds mind and character, and opens up questions that will help make life and work more meaningful and richer in potential.
A unique School of Health Sciences

Notre Dame’s School of Health Sciences, Fremantle, is a leading contributor to the health professions of Australia. Our courses provide a gateway to a rewarding career in a host of health-related fields including biomedical science, exercise science, health and physical education, outdoor recreation, and health promotion.

Biomedical Science
The Biomedical Science course at Notre Dame is a gateway to a rewarding career in a host of health-related fields and it also provides the foundation for advanced scientific investigations. It prepares students for postgraduate studies in areas such as teaching (by undertaking a Master of Teaching) and research. This degree is also excellent pre-clinical preparation for postgraduate studies in the health and/or medical fields, such as Pharmacy, Nutrition and Medicine.

Exercise & Sport Science
Building on a foundation of anatomy and physiology, Exercise & Sport Science develops a comprehensive understanding of the biological and social aspects of exercise. Students are exposed to the broad range of applications that the exercise and sport sciences can be applied to in the areas of health promotion, rehabilitation, physical education and elite athletic training.

Health & Physical Education
The Health & Physical Education degree is designed to develop teachers with a specialist theoretical and practical knowledge of physical education and health, integrated with studies of Education. Students develop their teaching skills through a comprehensive teaching practice program each year in primary schools (primary degree), and secondary schools (secondary degree).

Outdoor Recreation
This course, unique to Notre Dame, is suited to students interested in Outdoor Recreation as a profession and those who want to learn how to design and implement outdoor recreation programs. The philosophical approach of the program at Notre Dame includes a strong commitment to best practice in achieving a healthy lifestyle through physical activity and developing a solid relationship with the outdoors.

Preventive Health
This degree focuses on promoting individual and community health and wellbeing. Students will develop a clear understanding of how social and other health determinants influence the health and wellbeing of individuals and communities. Socio-environmental, population and community approaches to health promotion are also addressed.

Career opportunities
Notre Dame’s Health Sciences graduates gain valuable skills and knowledge, making them highly attractive to potential employers. In particular, the strong ethical focus of the course produces graduates with values and ideas which are sought after in today’s competitive marketplace.

Professions include:

› Biomedical scientist
› Medical research
› Community health and physical activity promotion
› Exercise and sport scientist
› Sports coach
› Health and Physical Education specialist teacher – primary and/or secondary school level
› Health education coordinator (with specialisation studies)
› Outdoor Education coordinator (with specialisation studies)
The broad nature of the Biomedical Science course gave me insights into many areas. The hands-on practicum experience was invaluable; it enhanced my classroom learning and led me towards my desired career pathway.

Kristen
Bachelor of Biomedical Science
Notre Dame’s School of Health Sciences

The School of Health Sciences comprises of academic programs that focus on the health and wellbeing of individuals and communities. Notre Dame’s Health Sciences’ courses are designed to motivate students to further develop personal and community health and assist graduates to become professionals working at the cutting edge of health sciences knowledge and practice.

The health care industry has diverse needs and the University graduates are quality health care professionals who work across a range of approaches to improve health, such as education, early intervention and prevention, diagnostics, treatment and rehabilitation. The common bond between the degrees offered is an interest in promoting health and active living.

As a Notre Dame student you will receive a personalised 5 star education including the following:

› a minimum of 150 hours real-world ‘hands-on’ experience;
› studying at a School with the highest graduate employment rate in WA;
› a values-based curriculum that focuses on health and wellbeing;
› learning from leaders in their fields; and
› support and mentoring every step of the way.

Areas of study

› Biomedical Science
› Exercise & Sport Science
› Health & Physical Education
› Outdoor Recreation - one of a kind in Australia
› Preventive Health

Real-world experience

A special feature of Notre Dame’s Health Sciences courses are the practicum and internship components required of students. These take place in a wide range of settings such as: public and private hospitals, medical practices, community health centres, pathology laboratories, fitness centres, health promotion agencies, primary and secondary schools, and voluntary service agencies.

The practicum program in all courses maximises student employment prospects and helps students to decide on career intentions well before graduation. Please see course descriptions on page 14 for detailed practicum hours.

Double degree options

It is also possible to combine a Health Sciences degree with a second degree, including those from the Schools of Arts & Sciences and Law. A double degree is an excellent choice for those students who wish to complete substantial studies in a range of disciplines.

Double degrees with Bachelor of Biomedical Science

› Bachelor of Arts
› Bachelor of Laws (please see 2016 Undergraduate Course Guide for more information)
› Bachelor of Preventive Health
Staff Profiles

Learn from leaders in their fields
Introducing some of the key staff from Notre Dame’s School of Health Sciences.

Professor Naomi Trengove
Dean

Professor Naomi Trengove graduated as a Registered Nurse in 1984 and has more than 25 years clinical experience. She completed a Bachelor of Science in Biochemistry and First Class Honours in Molecular Biology at the University of Western Australia (UWA) in 1990. Naomi then combined her nursing and science expertise running clinical research trials in the Department of Surgery at UWA. She completed her PhD in Biochemistry, in 1997, in the area of wound healing, investigating the biochemical causes of chronic wounds and continued her post-doctoral work in this area.

In 2004, Naomi took up an academic position in Biochemistry at UWA, working with Professor Peter Hartmann, supervising research and coordinating units and teaching extensively within the Medical, Dental & Podiatry Degrees until 2012.

In addition to this position, from 2008 - 2010 Naomi was also the Associate Dean Teaching and Learning for the Faculty of Medicine, Dentistry and Health Science, and was responsible for a range of teaching and learning matters operating within the Faculty’s educational framework and University policy.

Duncan Picknoll
Coordinator of Outdoor Recreation

Duncan Picknoll is the Coordinator of Outdoor Recreation in the School of Health Sciences. He is the recipient of the Outdoors WA Peak Body Achiever Award in 2011 and the Vice Chancellor’s Award for Teaching – Early Career in 2012. Duncan is an accredited practitioner of the Institute for Outdoor Learning and is the Chief Examiner for Outdoor Education at the Curriculum Council of Western Australia.

Duncan is currently completing his Doctor of Education. His thesis title is: ‘The Nature and Scope of Outdoor Education in Secondary Schools in Western Australia’.
Professor Gerard Hoyne
Associate Dean

Professor Gerard Hoyne joined Notre Dame in 2009. Gerard completed his Bachelor of Science and PhD at The University of Western Australia and has previously worked at Imperial College in London and the University of Edinburgh in the United Kingdom within the field of immunology. His research work has investigated how the immune system regulates immune responses to self and foreign proteins. This has important implications in the development of autoimmune diseases such as allergy and diabetes.

Associate Professor Fiona Farringdon
Associate Dean and Coordinator of Preventive Health

Associate Professor Fiona Farringdon developed and coordinates the Bachelor of Preventive Health course which provides qualifications for graduates wishing to enter the expanding field of health promotion and community development. She also developed and coordinates the Health Education pedagogy units offered in the Bachelor of Health and Physical Education. Fiona has been involved in health education and health promotion for more than 30 years at the practitioner and academic levels. She taught at a variety of secondary and primary schools as a health and physical education teacher for 12 years before moving to the National Drug Research Institute (NDRI).

Fiona’s research interests include the efficacy of school-based health education programs, reducing alcohol and other drug related harm for individuals and communities, eating patterns of adolescents, and mental health in adolescents.

Dr Fleur McIntyre
Senior Lecturer, Exercise Science

Dr Fleur McIntyre has been involved in University teaching and research for the previous eight years. Her particular research focus involves a range of health-related issues that affect the healthy development of children and adolescents. She is currently a Senior Lecturer in the School of Health Sciences at Notre Dame in Sport Psychology and Sociology, and Motor Development and Learning. She is also Co-Director of the AMP It Up program, a fitness and strength exercise intervention for adolescents with Developmental Coordination Disorder and other movement disorders.

For details on the published works of Notre Dame academic staff, visit their profiles on the School’s webpage at nd.edu.au.
**Biomedical Science**

<table>
<thead>
<tr>
<th>Course</th>
<th>Bachelor of Biomedical Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time</td>
</tr>
<tr>
<td>Practicum</td>
<td>150 hrs</td>
</tr>
<tr>
<td>Recommended subjects</td>
<td>Tertiary entrance level English, Mathematics and/or a Science subject</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>FEE-HELP/HECS-HELP* *Subject to the availability of places</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Full-time, Part-time</td>
</tr>
</tbody>
</table>

The Bachelor of Biomedical Science consists of a prescribed series of units that have been designed to develop students in a range of theoretical and practical skills. This course includes a general introduction to biological science, plus coverage of such topics as: anatomy, molecular and cell biology, microbiology, biochemistry, genetics, pathology, human physiology, immunology, neuroscience, and reproductive biology.

**Exercise & Sport Science**

<table>
<thead>
<tr>
<th>Course</th>
<th>Bachelor of Exercise &amp; Sport Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time</td>
</tr>
<tr>
<td>Practicum</td>
<td>300 hrs</td>
</tr>
<tr>
<td>Recommended subjects</td>
<td>Tertiary entrance level English, Human Biological Science, Mathematics and/or Physical Education Studies</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>FEE-HELP/HECS-HELP* *Subject to the availability of places</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Full-time, Part-time</td>
</tr>
</tbody>
</table>

Exercise & Sport Science incorporates the key discipline areas of anatomy and physiology, exercise physiology and training, human growth and development, biomechanics, motor skill acquisition, exercise prescription, and nutrition. In addition, Exercise & Sport Science graduates can gain industry-relevant qualifications during the course of their degree such as: Level 1 Sports Trainer certification; First Aid & CPR; and Level 1 Strength and Conditioning Coach certification.

**Accreditation**

The Exercise & Sport Science degree has been accredited by the national industry body, Exercise and Sports Science Australia (ESSA). Graduates of this course are eligible for registration with ESSA as exercise and sports scientists. Completion of postgraduate study within the School of Health Sciences (Graduate Diploma in Clinical Exercise Physiology) makes students eligible to become accredited by ESSA as clinical exercise physiologists.

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*ESSA: Exercise & Sports Science Australia*
Health & Physical Education

<table>
<thead>
<tr>
<th>Course</th>
<th>Bachelor of Health &amp; Physical Education (Primary or Secondary)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Four years full-time</td>
</tr>
<tr>
<td>Practicum</td>
<td>27 weeks</td>
</tr>
<tr>
<td>Recommended subjects</td>
<td>Tertiary entrance level English, Human Biological Science, Mathematics and/or Physical Education Studies</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>FEE-HELP/HECS-HELP*</td>
</tr>
<tr>
<td>*Subject to the availability of places</td>
<td></td>
</tr>
<tr>
<td>Study Mode</td>
<td>Full-time, Part-time</td>
</tr>
</tbody>
</table>

The Health & Physical Education program at Notre Dame has a strong commitment to best practice in achieving a healthy lifestyle through physical activity and promoting the importance of early education for a healthy lifestyle.

The multidisciplinary four-year degree draws on biological science, social science and education, reflecting current theory and practice. Students can choose to undertake a degree with either a primary or secondary education focus and specialise in a second teaching area such as Society and Environment, Mathematics or Science. Graduates of this course will have enhanced skills enabling them to teach in schools or community programs, with groups and individuals of all ages and abilities.

Preventive Health

<table>
<thead>
<tr>
<th>Course</th>
<th>Bachelor of Preventive Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time</td>
</tr>
<tr>
<td>Practicum</td>
<td>350 hours</td>
</tr>
<tr>
<td>Recommended subjects</td>
<td>Tertiary entrance level English, Human Biological Science, Mathematics and/or Physical Education Studies</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>FEE-HELP/HECS-HELP*</td>
</tr>
<tr>
<td>*Subject to the availability of places</td>
<td></td>
</tr>
<tr>
<td>Study Mode</td>
<td>Full-time, Part-time</td>
</tr>
</tbody>
</table>

The Bachelor of Preventive Health at Notre Dame is an innovative degree that focuses on promoting individual and community health and wellbeing. The program has been designed to provide students with a clear understanding of how social and other health determinants influence the health and wellbeing of individuals and communities. Socio-environmental, population and community approaches to health promotion are also addressed.

Students will consider psychological and socio-environmental influences on health behaviour, approaches to changing health related behaviour, health promotion principles and frameworks, health promotion planning and implementation, principles of community development, preventive strategies, project management, health promotion research, and program evaluation.

Outdoor Recreation

<table>
<thead>
<tr>
<th>Course</th>
<th>Bachelor of Outdoor Recreation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time</td>
</tr>
<tr>
<td>Practicum</td>
<td>350 hours</td>
</tr>
<tr>
<td>Recommended subjects</td>
<td>Tertiary entrance level English, Human Biological Science, Mathematics and/or Physical Education Studies</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>FEE-HELP/HECS-HELP*</td>
</tr>
<tr>
<td>*Subject to the availability of places</td>
<td></td>
</tr>
<tr>
<td>Study Mode</td>
<td>Full-time, Part-time</td>
</tr>
</tbody>
</table>

The Outdoor Recreation course is designed to meet a growing demand in Western Australia for qualified individuals within the recreation, adventure tourism, eco-tourism and education settings by providing essential knowledge, practical skills and leadership opportunities.

Practical competence and professional standards are at the core of this program. The course involves undertaking extensive practical experience and provides students with opportunities in white water kayaking, sea kayaking, canoeing, rock climbing, abseiling, bushwalking and other outdoor pursuits.

Accreditation

Notre Dame’s Outdoor Recreation degree meets various industry accreditation requirements. The National Outdoor Leader Registration Scheme (NOLRS), maintained by the Outdoor Council of Australia (OCA), recognises the Bachelor of Outdoor Education as a pathway for registration.
Postgraduate degrees by coursework

Exercise Physiology
Graduate studies in Exercise Science explore the role that exercise prescription and lifestyle behaviour modification can play in the prevention and management of chronic disease conditions such as coronary heart disease, obesity, hypertension or diabetes, and the rehabilitation of musculoskeletal and neurological/muscular injury/surgery/conditions. There is a strong commitment to developing best practice in promoting healthy lifestyles. Students are provided with the highest quality clinical training in evidence-based practice necessary to qualify as Accredited Exercise Physiologists.

<table>
<thead>
<tr>
<th>Course</th>
<th>Master of Exercise Science</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Duration</strong></td>
<td>Two years full-time or equivalent part-time</td>
</tr>
<tr>
<td><strong>Admission requirements</strong></td>
<td>A Bachelor’s degree in Exercise and Sport Science, Human Movement or equivalent</td>
</tr>
<tr>
<td><strong>Loan Scheme</strong></td>
<td>FEE-HELP</td>
</tr>
<tr>
<td><strong>Study Mode</strong></td>
<td>External</td>
</tr>
</tbody>
</table>

The Graduate Diploma of Clinical Exercise Physiology is a clinical year that addresses the role of physical exercise in preventing, rehabilitating and managing chronic health conditions. It is comprised of advanced study and clinical training in exercise rehabilitation of musculoskeletal, cardiac, neuromuscular and metabolic conditions. Complementing these studies are advanced research skills, counselling and professional ethics. Furthermore, students are provided with at least 360 hours of supervised clinical training both on and off campus at a number of recognised and highly regarded clinical exercise physiology facilities (hospital-based and private clinics), with an additional opportunity to undertake international practicum placement where they have the opportunity to obtain hands-on experience in all related disciplines.

The Master of Exercise Science is a two year full-time or equivalent part-time program in which the study of exercise rehabilitation is completed in the first year with the benefit of an additional year of research training, culminating in a research dissertation. Additional prerequisite units may be required if applicants do not have the necessary foundation or required exercise science skills and knowledge for higher level study.
## Higher degrees by research

### Master of Health Science

<table>
<thead>
<tr>
<th>Course</th>
<th>Master of Health Sciences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Two years full-time or equivalent part-time</td>
</tr>
<tr>
<td>Admission</td>
<td>A Bachelor's or Education degree or equivalent</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>RTS*</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Internal</td>
</tr>
</tbody>
</table>

A Master of Health Sciences is a research degree that culminates in examination by thesis. Usually, there is no coursework component although coursework may be requested by the Dean to support the research process.

### Master of Philosophy

<table>
<thead>
<tr>
<th>Course</th>
<th>Master of Philosophy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>One and a half years full-time or equivalent part-time</td>
</tr>
<tr>
<td>Admission</td>
<td>A Bachelor’s degree or equivalent</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>RTS*</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Internal</td>
</tr>
</tbody>
</table>

A Master of Philosophy is a research degree that combines coursework in research training with writing a thesis. It is possible for students from other disciplines to undertake a Master of Philosophy in Health Sciences. Additional coursework may be required to support the study process.

### Doctor of Health Science

<table>
<thead>
<tr>
<th>Course</th>
<th>Doctor of Health Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time or equivalent part-time</td>
</tr>
<tr>
<td>Admission</td>
<td>An Honours or Master's level degree, completed at a high standard. Previous research experience is required and at least three years of professional experience is required for the professional doctorate.</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>RTS*</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Internal</td>
</tr>
</tbody>
</table>

A Doctor of Health Science is a research degree that combines coursework in research training with writing a thesis. Previous experience in research is required for acceptance into the degree although additional research training is provided by the coursework component. A Doctor of Health Science has a direct connection to the profession and usually involves research connected to the workplace.

### Doctor of Philosophy (PhD)

<table>
<thead>
<tr>
<th>Course</th>
<th>Doctor of Philosophy (PhD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Three years full-time or equivalent part-time</td>
</tr>
<tr>
<td>Admission</td>
<td>An Honours or Master's level degree, completed at a high standard. Previous research experience is required.</td>
</tr>
<tr>
<td>Loan Scheme</td>
<td>RTS*</td>
</tr>
<tr>
<td>Study Mode</td>
<td>Internal</td>
</tr>
</tbody>
</table>

A Doctor of Philosophy is a research degree that culminates in examination by a substantial thesis that examines a significant question and adds to educational knowledge. Usually, there is no coursework component although coursework may be requested by the Dean to support the research process.

*COURSE INFORMATION

RTS: Research Training Scheme. No fees for domestic students.
## Undergraduate

<table>
<thead>
<tr>
<th>Course</th>
<th>Code</th>
<th>Duration (Years)</th>
<th>Available</th>
<th>Part-time</th>
<th>Mid Year Intake</th>
<th>HECS-HELP Available</th>
<th>Indicative Annual Fee 2016</th>
<th>FEE-HELP Loan Scheme</th>
<th>Indicative Annual Fee for 2016</th>
<th>Indicative Minimum ATAR</th>
<th>International Baccalaureate</th>
<th>Stat</th>
<th>IELTS</th>
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<tr>
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<td>3041</td>
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<td>✓ ✓ ✓</td>
<td>✓ ✓ ✓</td>
<td>✓ ✓ ✓</td>
<td>$10,266</td>
<td>✓ ✓</td>
<td>$13,719</td>
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<td>7</td>
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<tr>
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<td>3161</td>
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<td>✓ ✓ ✓</td>
<td>✓ ✓ ✓</td>
<td>$8,768</td>
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<td>$13,719</td>
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<td>7</td>
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<tr>
<td>Bachelor of Health &amp; Physical Education (Primary)</td>
<td>3287</td>
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<td>✓</td>
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<td>✓ ✓ ✓</td>
<td>$6,152</td>
<td>✓ ✓</td>
<td>$10,528</td>
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<td>8</td>
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<tr>
<td>Bachelor of Health &amp; Physical Education (Secondary)</td>
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<td>✓</td>
<td>✓ ✓ ✓</td>
<td>$6,152</td>
<td>✓ ✓</td>
<td>$10,528</td>
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<tr>
<td>Bachelor of Outdoor Recreation</td>
<td>3310</td>
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<td>✓ ✓ ✓</td>
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<td>✓ ✓</td>
<td>$10,528</td>
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<tr>
<td>Bachelor of Preventive Health</td>
<td>3289</td>
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<td>✓ ✓ ✓</td>
<td>✓ ✓ ✓</td>
<td>✓ ✓ ✓</td>
<td>$8,768</td>
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<tr>
<td>Bachelor of Biomedical Science/Bachelor of Arts</td>
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<tr>
<td>Bachelor of Biomedical Science/Bachelor of Preventive Health</td>
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## Postgraduate degrees by coursework

<table>
<thead>
<tr>
<th>Course</th>
<th>Code</th>
<th>Study Type</th>
<th>Duration (Years)</th>
<th>Mode of Study</th>
<th>Mid Year Entry</th>
<th>2016 Domestic Indicative Fees (Per Annum)</th>
<th>HECS-HELP Available</th>
<th>FEE-HELP Loan Scheme</th>
<th>2016 Domestic Indicative Fees (Per Annum)</th>
<th>HECS-HELP Available</th>
<th>FEE-HELP Loan Scheme</th>
<th>Mid Year Entry</th>
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<td>Graduate Diploma of Clinical Exercise Physiology</td>
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## Higher degrees by research

<table>
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<tr>
<th>Course</th>
<th>Code</th>
<th>Campus</th>
<th>Duration (Years)</th>
<th>Mode of Study</th>
<th>Mid Year Entry</th>
<th>2016 Domestic Indicative Fees (Per Annum)</th>
<th>RTS</th>
<th>APA/UPA</th>
<th>CRN</th>
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<tbody>
<tr>
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<td>Master’s by Research</td>
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<td>Professional Doctorate</td>
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<tr>
<td>Doctor of Philosophy</td>
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<td>I, FT, PT</td>
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### Course Table

**Key**

<table>
<thead>
<tr>
<th>STUDY TYPE</th>
<th>MODE OF STUDY</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>I</td>
</tr>
<tr>
<td>C+D</td>
<td>E</td>
</tr>
<tr>
<td>C+RP</td>
<td>FT</td>
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<tr>
<td></td>
<td>PT</td>
</tr>
<tr>
<td></td>
<td>INT</td>
</tr>
</tbody>
</table>

**STUDY TYPE**

- C: Coursework
- C+D: Coursework + Dissertation
- C+RP: Coursework + Research Project

**MODE OF STUDY**

- I: Internal
- E: External
- FT: Full-time
- PT: Part-time
- INT: Intensive

**DURATION (YEARS)**

Normal time taken to complete a course. May vary depending on number of enrolled units per semester.

**HECS-HELP AVAILABLE**

A number of Commonwealth Supported Places (HECS-HELP) are available to Australian citizens for these courses, and subject to the availability of places.

**FEE-HELP LOAN SCHEME**

The Commonwealth Government Loans Scheme (FEE-HELP) is available for Australian citizens.

**Indicative Full Cost Fee 2016**

The figure quoted is the 2015 full fee for domestic students. At the time of publication, 2016 fees were yet to be determined. The exact 2016 fee for an individual student will depend on the mix of units studied.

**Disclaimer**

The offering of any course by the University is subject to (a) to the Disclaimer set in this Course Guide; and (b) the University receiving appropriate enrolment numbers in each course. The University may cancel any course if appropriate enrolment numbers are not received in any given year.
Study pathways and opportunities

Focusing on your personal aspirations, Notre Dame will help you find a study pathway that will lead you to make a difference in your future career.

Double degrees
With a Notre Dame double degree you can study two individual degrees at the same time, in less time than doing them separately – often only requiring a one-year extension to your course.

Postgraduate and research qualifications
Notre Dame offers a number of postgraduate opportunities in coursework and research qualifications taught by leaders in their fields and academic researchers. Postgraduate students can expect the following:

› high quality academic programs and supervision;
› a welcoming, friendly environment;
› small class sizes with greater access to supportive academic staff;
› flexible full-time and part-time programs;
› flexible commencement dates for a number of research degrees;
› committed, accountable research supervision;
› fee remission for research degrees and stipend scholarship opportunities;
› research training; and
› access to unique centres for scholarship and research.

Further information on postgraduate studies can be found on page 16 in this booklet and in Notre Dame’s 2016 Postgraduate Course Guide.

Scholarships
The University of Notre Dame Australia has scholarships available for Health Sciences students. For full details please visit nd.edu.au/scholarships.

Have you studied at TAFE or a Registered Training Organisation (RTO)?
Students who have successfully completed a relevant Certificate IV, Diploma or Advanced Diploma level qualification at TAFE or a RTO at a post-secondary school level are considered to have met the academic minimum entry requirements for access to many courses at Notre Dame. Students who have completed Diplomas or Advanced Diplomas through TAFE or a RTO may be eligible for advanced standing.

Foundation Year
The Foundation Year (FY) is an alternative entry pathway to undergraduate studies at Notre Dame. The Foundation Year is an enabling course designed specifically for students who have not met undergraduate academic minimum entry requirements or who may have experienced educational disadvantage during their school years.

Early Offer Program
Since 2006, Notre Dame has acknowledged and rewarded the outstanding achievements of Year 12 students across the country by simplifying their access to courses at our University. One of the benefits to the recipients has been that it has allowed them to sit their final examinations with reduced stress and added confidence. For more information, please consult Notre Dame’s Early Offer Program brochure or visit nd.edu.au.
Being able to apply preventive health theory in a practical environment has made my time at Notre Dame so worthwhile. Studying with people who are going to make a difference in the world is inspiring!

Kerryn
Bachelor of Preventive Health
How to apply

Notre Dame considers every applicant on an individual basis, making the admissions process, like the Notre Dame study experience, focused on the whole person. Prospective students apply directly to the University for admission. The University of Notre Dame Australia seeks to enrol students who wish to make a special contribution to society. We use a comprehensive admissions process that goes beyond the use of a single score.

There are three categories of undergraduate applicants:

1) Current school leaver students who are currently in Year 12 sitting the Western Australian Certificate of Education (WACE) or International Baccalaureate (IB).

2) Post-school leaver students who have completed their Year 12 within the last five years and are using these results to gain entry.

3) Mature-age students who have attempted a Special Tertiary Admissions Test (STAT) or have completed post-secondary study at a TAFE, University, Registered Training Organisation or another tertiary institution.

International students

The process of applying to study at Notre Dame for an international student is different from that of Australian students.

The following categories of applicants are considered to be domestic applicants. All other applicants are considered to be international students.

› Australian citizen
› Australian Permanent Resident
› Australian Permanent Humanitarian Visa Holder
› New Zealand citizen
› Diplomatic or consular representative of New Zealand, or the spouse or dependent relative of such a representative

If you are an international student, please contact the Admissions Office on +61 8 9433 0537 or email admissions@nd.edu.au.

Entry into Notre Dame is based upon the following:

- Personal qualities, motivation to study and academic potential
- Contribution to school, church or community life
- Academic record
- An interview with a member of the academic staff of the University

How to apply

Prospective students apply directly to the University and there is no application fee.

Visit notredame.edu.au for an application form or to register your interest. Apply directly to Notre Dame via the application form by post to PO Box 1225, Fremantle WA 6959 or in person at 23 High Street, Fremantle WA 6160.

If you have any queries, please contact the Prospective Students Office:
Tel: +61 8 9433 0533 | Email: future@nd.edu.au
## Events 2015/16

Come and experience our unique 5 star university in the heart of Fremantle’s West End at one of our events. Register at nd.edu.au.

### 2015

| AUG | Parent Information Evening (Year 10 to 12) | Wed 9 Sep |
|     | Admissions Information & Expo including Alternative Entry | Tues 15 Sep |

### 2016

| JAN | ATAR Advice Day | Mon 4 Jan |
| FEB | Orientation Week | Mon 15 - Fri 19 Feb |
|     | Orientation Day | Thurs 18 Feb |

## Contact us

**Prospective Students Office**

23 High Street, Fremantle WA 6160  
Tel: +61 8 9433 0533 | future@nd.edu.au

**School of Health Sciences (ND46)**

Cnr of Phillimore and Henry Streets  
(Entrance Phillimore Street), Fremantle WA 6959  
Tel: +61 8 9433 0204 | health@nd.edu.au

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Being a sports and exercise rehabilitation enthusiast, Notre Dame was able to take me down the right path for accreditation as an exercise physiologist. The practical opportunities I have undertaken have helped me to gain valuable experience, aiding me in my current job.

Stephanie
Graduate Diploma of Exercise Science