



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

COURSE REGULATIONS

SCHOOL OF HEALTH SCIENCES

**BACHELOR OF EXERCISE AND SPORT
SCIENCE/BACHELOR OF BEHAVIOURAL SCIENCE**
BExSc/BBehsc

COURSE CODE: 3162

THESE COURSE REGULATIONS ARE EFFECTIVE FROM 1.1.2015

SCHOOL OF HEALTH SCIENCES

1. These Course Regulations apply to all students who are enrolled in the Bachelor of Exercise Sports Science/Bachelor of Behavioral Science Award on the Fremantle Campus.
2. The Dean is the responsible Executive of these Course Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

MODIFICATION HISTORY

1. These Course Regulations are effective from 1 January 2015.

Version	Date Amended	Modification Details	Name
1	January 2007	Amendments to course regulations	Dean
2	January 2008	Amendments to course regulations	Dean
3	December 2008	Amendments to course regulations	Dean
4	October 2009	Amendments to course regulations	Dean
5	July 2010	Amendments to course regulations	Dean
6	July 2011	Amendments to course regulations	Dean
7	July 2012	Amendments to course regulations	Dean
8	December 2013	Regulations transferred to new template	Dean
9	October 2014	Amendments to course regulations (Removal of Honours)	Dean

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1 INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Course Regulations apply to all students enrolled in the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations, the School of Health Sciences Regulations and the School of Arts and Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations, the School of Health Sciences Regulations and the School of Arts and Sciences Regulations.

1.3 Amendments made to Course Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award, the amendments will automatically apply in accordance with General Regulation Section 1.7.

1.4 Applicability to Campuses of the University

The Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award is available on the Fremantle Campus only.

1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Exercise and Sport Science Award is a Level 7 AQF qualification.

The Bachelor of Behavioural Science Award is a Level 7 AQF qualification.

2 ENTRY CRITERIA

2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

2.2 Additional Entry Requirements / Pre-Requisites

There are no additional entry requirements or prerequisites for this Award.

2.3 External Accreditation Requirements

These Awards are accredited under National Universities Course Accreditation Program (NUCAP) in Exercise and Sport Science.

3 AWARD REQUIREMENTS

3.1 Structure

For the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award Structure, refer to Appendix A.

3.1.1 Compulsory Units

Refer to Award structure in Appendix A.

3.1.2 Elective Units

There are Elective Units available within the Bachelor of Exercise Sports Science/Bachelor of Behavioural Science Award.

3.1.3 Majors and Double Majors

Majors and Double Majors are not available with this Award.

3.1.4 Minors

Minors are not available with this Award.

3.1.5 Specialisations

Specialisations are not available with this Award.

3.1.6 Special Interest Units

There are no Special Interest Units available with this Award.

3.2 Special Award Requirements

There are no Special Award Requirements in this Award.

3.3 Practicum or Internship requirements

Students are to complete the following Practicum units:

- | | | |
|------|--|-------|
| (i) | HPE2500 Exercise and Sport Science Industry Practicum (comprising 150 hours) | 25CPS |
| | HPE3500 Exercise and Sport Science Industry Internship (comprising 150 hours) | 30CPS |
| | PS394 Behavioural Science Internship (must be taken in final year)
(comprising not less than 90hours) | 25CPS |
| (ii) | Placements are managed and authorised by the Practicum Coordinator and require students to formally register and seek approval on the standard form to the Practicum Coordinator prior to commencement of the placement. | |

3.4 Approved unit substitutions

Unit substitutions, where permitted, must be approved by the Dean (or Delegate).

3.5 Alternative Pathway

Alternative Pathways are not applicable for this Award.

3.6 Volume of Learning

3.6.1 Standard Duration

- The standard duration for the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award is 4 years of equivalent full-time study.
- A student is able to enrol in this Award on a part-time basis.

3.6.2 Accelerated Duration

- (a) An accelerated mode is not available for the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award.
- (b) Students are not able to enrol in the accelerated model on a part-time basis in this Award.

3.6.3 Maximum Duration

The maximum period of time within which a student is permitted to complete the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award is detailed in the University's General Regulations.

3.7 Graduation

Where a student has satisfied all the requirements of the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Award as detailed in these Course Regulations and the General Regulations, the University may grant the student graduation status.

3.8 Exit Awards

An Exit Award pathway is not available for this Award.

END OF REGULATIONS



APPENDIX A:

YEAR ONE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
CO115	Academic Research & Writing In Health Sciences	25	HB101	Applications of Functional Anatomy to Physical Education	25	
HPE100	Physical Activity and Health	25	HPE110	Exercise Physiology	25	
BMS100	Human Structure & Function	25	HPE162	Health Issues & Preventive Approaches	25	
PS103	Introduction to Behavioural Science	25	BMS103	Anatomy & Physiology of Body Systems	25	
AB100	Aboriginal People	25				
Credit Point Total for Y1 S1		125	Credit Point Total for Y1 S2		100	
					Total Credit Points Year One	225

YEAR TWO						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
HPE142	Human Growth & Development	25	HPE200	Motor Control Development & Learning	25	
HPE220	Physiology of Training & Environmental Extremes	25	HPE210	Psychosocial Aspects of Sport & Physical Activity	25	
HPE241	Principles of Strength & Conditioning	25	HPE252	Health & Fitness Appraisal	25	
HPE251	Health & Disease Risk Factors & Counselling	25	RM100	Research methods	25	
PS111	Developmental Psychology	25				
HPE2500	Exercise & Sport Science Industry Practicum (full year unit)	12.5	HPE2500	Exercise & Sport Science Industry Practicum (full year unit)	12.5	
Credit Point Total for Y2 S1		137.5	Credit Point Total for Y2 S2		112.5	
					Total Credit Points Year Two	250

YEAR THREE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
PS221	Social Psychology	25	HPE340	Exercise Biomechanics	25	
PS264	Psychology of Work	25	TH101	Introduction to Theology	25	
Elective	Elective (Health Sciences)	25	PS225	Culture & Society	25	
PH100	Introduction to Philosophy	25	PS235	Health Psychology	25	
ET100	Ethics	25	PS311	Research methods & Practice	25	
Credit Point Total for Y3 S1		125	Credit Point Total for Y3 S2		125	
					Total Credit Points Year Three	250

YEAR FOUR					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
HPE321	Exercise Physiology for Special Populations	30	HPE310	Nutrition for Health & Physical Activity	30
HPE341	Advanced Biomechanics	30	HPE370	The Australian Sports System	30
PS315	Professional Practice in Behavioural Science	25	PS394	Behavioural Science Internship	25
PS393	Community: Policy & Development	25	Elective	(Exercise Science elective)	25
			HPE362	Health Sciences Research	25
HPE3500	Exercise & Sport Science Industry Internship (full year unit)	15	HPE3500	Exercise & Sport Science Industry Internship (full year unit)	15
Credit Point Total for Y4 S1		125	Credit Point Total for Y4 S2		150
Total Credit Points Year Four					275
TOTAL COURSE CREDIT POINTS:					1000