



THE UNIVERSITY OF  
**NOTRE DAME**  
A U S T R A L I A

# **COURSE REGULATIONS**

## **SCHOOL OF HEALTH SCIENCES**

### **BACHELOR OF HEALTH AND PHYSICAL EDUCATION (SECONDARY)**

**BHPE (Sec)**

**COURSE CODE: 3288**

### **BACHELOR OF HEALTH AND PHYSICAL EDUCATION (SECONDARY) (Honours)**

**BHPE(Sec)(Hons)**

**COURSE CODE: 3344**

## SCHOOL OF HEALTH SCIENCES

1. These Course Regulations apply to all students who are enrolled in the Bachelor of Health and Physical Education (Secondary) and the Bachelor of Health and Physical Education (Secondary) (Honours) Awards on the Fremantle Campus.
2. The Dean is the responsible Executive of these Course Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

## MODIFICATION HISTORY

1. These Course Regulations are effective from 1 January 2017

Version	Date Amended	Modification Details	Name
1	January 2007	Amendments to course regulations	Dean
2	January 2008	Amendments to course regulations	Dean
3	December 2008	Amendments to course regulations	Dean
4	June 2010	Amendments to course regulations	Dean
5	June 2011	Amendments to course regulations	Dean
6	December 2013	Regulations transferred to new template	Dean
7	August 2014	Amendments to course regulations (Minor)	Dean
8	August 2015	Amendments to course regulations	Associate Dean

# TABLE OF CONTENTS

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<b>1</b>	<b>INTRODUCTION AND INTERPRETATION .....</b>	<b>4</b>
1.1	INTRODUCTION.....	4
1.2	INTERPRETATION .....	4
1.3	AMENDMENTS MADE TO COURSE REGULATIONS.....	4
1.4	APPLICABILITY TO CAMPUSES OF THE UNIVERSITY.....	4
1.5	THE AUSTRALIAN QUALIFICATIONS FRAMEWORK (AQF) .....	4
<b>2</b>	<b>ENTRY CRITERIA.....</b>	<b>5</b>
2.1	GENERAL CRITERIA.....	5
2.2	ADDITIONAL ENTRY REQUIREMENTS / PRE-REQUISITES.....	5
2.3	EXTERNAL ACCREDITATION REQUIREMENTS .....	5
<b>3</b>	<b>AWARD REQUIREMENTS.....</b>	<b>6</b>
3.1	STRUCTURE .....	6
3.2	SPECIAL AWARD REQUIREMENTS .....	7
3.3	PRACTICUM OR INTERNSHIP REQUIREMENTS .....	7
3.4	APPROVED UNIT SUBSTITUTIONS.....	7
3.5	ALTERNATIVE PATHWAYS .....	7
3.6	VOLUME OF LEARNING .....	7
3.7	GRADUATION.....	7
3.8	EXIT AWARDS .....	7
3.9	HONOURS .....	8
<b>4</b>	<b>APPENDICES.....</b>	<b>9</b>

# 1 INTRODUCTION AND INTERPRETATION

## 1.1 Introduction

These Course Regulations apply to all students enrolled in the Bachelor of Health and Physical Education (Secondary) and the Bachelor of Health and Physical Education (Secondary) (Honours) Awards at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

## 1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

## 1.3 Amendments made to Course Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of these Awards, the amendments will automatically apply in accordance with General Regulation Section 1.7.

## 1.4 Applicability to Campuses of the University

These Awards are available on the Fremantle Campus only.

## 1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Health and Physical Education (Secondary) Award is a Level 7 AQF qualification.

The Bachelor of Health and Physical Education (Secondary) (Honours) Award is a Level 8 AQF qualification.

## 2 ENTRY CRITERIA

### 2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

### 2.2 Additional Entry Requirements / Pre-Requisites

There are no additional entry requirements or pre-requisites for these Awards.

### 2.3 External Accreditation Requirements

External accreditation requirements are applicable to these Awards.

This award is accredited under the national body the Australian Institute for Teaching and School Leadership (AITSL) via the agency of the Teachers Registration Board of Western Australia (TRBWA).

## 3 AWARD REQUIREMENTS

### 3.1 Structure

For the Bachelor of Health and Physical Education (Secondary) Award Structure, refer to Appendix A.

For the Bachelor of Health and Physical Education (Secondary) (Honours) Award Structure, refer to Appendix B.

#### 3.1.1 Compulsory Units

Refer to Award structure in Appendix A and Appendix B.

#### 3.1.2 Elective Units

There are Elective unit(s) within the Bachelor of Health and Physical Education (Secondary) Award. Students must complete four elective units totaling 100 credit points.

#### 3.1.3 Majors and Double Majors

The following Majors are available in the Bachelor of Health and Physical Education (Secondary) Award.

- Preventive Health
- Religious Education
- Outdoor Education
- Italian Studies

More information about the Majors can be obtained from the School of Health Sciences. To complete a Major within the Award, additional units of study may be required and the course duration may need to be extended by a minimum of one semester.

#### 3.1.4 Minors

The following Minors are available in the Bachelor of Health and Physical Education (Secondary) Award.

- Preventive Health
- Outdoor Education

More information about the Minors can be obtained from the School of Health Sciences. To complete a Minor within the Award, additional units of study may be required and the course duration may need to be extended by a minimum of one semester.

#### 3.1.5 Specialisations

Students in the Bachelor of Health and Physical Education (Secondary) Award must complete a Teaching Specialisation. The following Teaching Specialisations are approved within the Award:

- Religious Education
- English
- Mathematics
- Science
- Science: Outdoor Education
- Science: Health Studies
- Society and Environment
- Italian Studies
- Theatre Studies

More information about the Majors can be obtained from the School of Health Sciences.

#### 3.1.6 Special Interest Units

There are no Special Interest Units available in these Awards

### 3.2 Special Award Requirements

Students enrolled in the Bachelor of Health and Physical Education (Secondary) Award are required to:

- (a) Complete a Working with Children Check prior to the commencement of ED1894 as specified by the Working with Children (Criminal Record Checking) Act 2004. Failure to provide the required documentation by the time prescribed by the School of Health Sciences may result in cancellation of enrolment in accordance with the General Regulations.
- (b) Have a current Royal Life Saving Bronze Medallion on application to graduate.
- (c) Meet any inherent requirements for the study of the Award with or without adjustments that may be in place or are developed by the University.
- (d) All students will be required to sit and pass the National Literacy and Numeracy Test for Initial Teacher Education Students before graduation

### 3.3 Practicum or Internship requirements

Students are to complete four Practicum units as detailed below:

ED1894 Classroom Immersion: Health and Physical Education	(comprising 2 weeks)
ED2894 School Experience I: Health and Physical Education	(comprising 5 weeks)
ED3894 School Experience II: Health and Physical Education	(comprising 10 weeks)
ED4891 Teaching Internship: Secondary (BHPE)	(comprising 10 weeks)

Further information relating to School Placements please refer to Professional Practice Guidelines produced by the School of Education, Fremantle Campus.

### 3.4 Approved unit substitutions

Unit substitutions, where permitted, must be approved by the Dean.

### 3.5 Alternative Pathways

Alternative Pathways are not applicable to these Awards. Volume of Learning

#### 3.5.1 Standard Duration

- (a) The standard duration of the Bachelor of Health and Physical Education (Secondary) is 4 years of equivalent full-time study. The standard duration of the Bachelor of Health and Physical Education (Secondary) (Honours) is 4.4 years of equivalent full-time study.
- (b) A student is able to enrol in this Award on a part-time basis.

#### 3.5.2 Accelerated Duration

An accelerated mode is not available for these Awards.

#### 3.5.3 Maximum Duration

The maximum period of time within which a student is permitted to complete these Awards is detailed in the University's General Regulations.

### 3.6 Graduation

Where a student has satisfied all the requirements of these Awards as detailed in these Course Regulations and the General Regulations, the University may grant the student graduation status.

### 3.7 Exit Awards

An Exit Award pathway is not available for these Awards.

### 3.8 Honours

The Bachelor of Health and Physical Education (Secondary) Award is offered with Honours. Specific admission requirements are detailed below and should be read in conjunction with the *Policy: The Award of a degree with Honours*.

#### 3.9.1 Admission to Honours

The following selection criteria will be used for a student being invited to enrol in the Honours program:

- (a) Admission to the Bachelor of Health and Physical Education (Secondary) (Honours) Award is by invitation by the Dean.
- (b) A student who demonstrates an excellent level of performance during the first five semesters of the course may be considered for a place in the Honours program.
- (c) Students are admitted in accordance with the General Regulations.
- (d) The Dean (or Delegate) may admit to an Honours Program a candidate who does not meet the strict criteria but nevertheless has outstanding credentials in an academic domain and has demonstrated his or her research potential in project work.

#### 3.9.2 Structure of Honours

The Honours program is embedded into the 3<sup>rd</sup> and 4<sup>th</sup> year course structure of the Award. The Honours program requires an additional 100 credit points and the Teaching Internship: ED4891 is reduced by one week.

Honours students are not required to enroll into HPE4206 and complete four additional units:

HPE490	Reading and Conference	25CPS
COH499	Advanced Research Methods, Statistics and Ethics in Health Sciences	25CPS
SH6903	Supervised Honours – Human Movement	25CPS
SH6906	Supervised Honours – Human Movement	50CPS

#### 3.9.3 Examination of a Research Component

- (a) The Bachelor of Health and Physical Education (Secondary) (Honours) research thesis will be examined by one internal and one external marker.
- (b) The School of Health Sciences arranges the examination of the Honours thesis using its own established guidelines and rubrics that are made available to students and examiners, and which are consistent with the *Policy: The Award of a Degree with Honours* and the *General Regulations* of the University of Notre Dame Australia.

#### 3.9.4 Ranking of Honours Awards

The ranking on all Honours programs will be awarded in accordance with General Regulation 3.9.1.

#### 3.9.5 Awarding Honours

Honours within the Bachelor of Health and Physical Education (Secondary) Award is awarded as graded Honours.

## END OF REGULATIONS





**APPENDIX A:**

YEAR ONE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
BMS100	Human Structure and Function	25	HB101	Applications of Functional Anatomy to Physical Education	25	
CO115	Academic Research & Writing in Health Sciences	25	HPE110	Exercise Physiology	25	
HPE100	Physical Activity and Health	25	HPE1202	Physical Performance Lab 2	20	
HPE1201	Physical Performance Lab 1	25	ED1120	Introduction to Teaching & the Curriculum Framework	25	
			ED2425	Psychological Principles of Classroom Management	25	
			ED1894	Classroom Immersion: Health & Physical Education (2 weeks)	25	
<b>Credit Point Total for Y1 S1</b>		100	<b>Credit Point Total for Y1 S2</b>		145	
					<b>Total Credit Points Year One</b>	245

YEAR TWO						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
HPE162	Health Issues & Preventive Approaches	25	HPE210	Psychosocial Aspects of Sport & Physical Activity	25	
HPE2203	Physical Performance Lab 3	20	HPE3205	Outdoor Education Teaching Methods	20	
ED2632	Transforming Learning Through ICT	20	HPE2204	Physical Performance Lab 4	20	
ED2111	Foundational Teaching Skills	20	PH100	Introduction to Philosophy	25	
ED2894	School Experience I: Health & Physical Education	25	Elective	Specialisation Content Unit	25	
PS111	Developmental Psychology	25				
<b>Credit Point Total for Y2 S1</b>		135	<b>Credit Point Total for Y2 S2</b>		115	
					<b>Total Credit Points Year Two</b>	250

YEAR THREE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
EDSS0X	Specialisation Teaching Method	15	ET100	Ethics	25	
HPE380	Physical Education Teaching Method	15	HPE330	Adapted & Inclusive Practice For Physical Education	25	
ED4130	Advanced Teaching Skills	20	HPE340	Exercise Biomechanics	25	
ED3894	School Experience II: Health & Physical Education	50	HPE200	Motor Control Development & Learning	25	
HPE300	Health Education Method 1	15	Elective	Specialisation Content Unit	25	
HPE360	Sport Event Management for Teachers	15				
<b>Credit Point Total for Y3 S1</b>		130	<b>Credit Point Total for Y3 S2</b>		125	
					<b>Total Credit Points Year Three</b>	255

YEAR FOUR					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
TH101	Introduction to Theology	25	ED4132	Working with Indigenous Students	20
HPE4206	Outdoor Education 2	25	ED4133	Professional Responsibilities of the Teacher	20
ED4146	Preparing for Internship & Transition	20	ED4891	Teaching Internship: Secondary (HPE)	70
HPE400	Health Education 2	20			
Elective	Specialisation Content Unit	25			
Elective	Specialisation Content Unit	25			
<b>Credit Point Total for Y4 S1</b>		140	<b>Credit Point Total for Y4 S2</b>		110
<b>Total Credit Points Year Four</b>					250
<b>TOTAL COURSE CREDIT POINTS:</b>					<b>1000</b>



**APPENDIX B:**

YEAR ONE					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
BMS100	Human Structure and Function	25	ED1120	Introduction to Teaching & the Curriculum Framework	25
CO115	Academic Research & Writing in Health Sciences	25	ED1894	Classroom Immersion: Health & Physical Education	25
HPE100	Physical Activity and Health	25	ED2425	Psychological Principles of Classroom Management	25
HPE1201	Physical Performance Lab 1	25	HB101	Applications of Functional Anatomy to Physical Education	25
			HPE110	Exercise Physiology	25
			HPE1202	Physical Performance Lab 2	20
<b>Credit Point Total for Y1 S1</b>		100	<b>Credit Point Total for Y1 S2</b>		145
			<b>Total Credit Points Year One</b>		
			245		

YEAR TWO					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
ED2632	Transforming Learning Through ICT	20	HPE210	Psychosocial Aspects of Sport & Physical Activity	25
ED2111	Foundational Teaching Skills	20	HPE2204	Physical Performance Lab 4	20
ED2894	School Experience I: Health & Physical Education	25	HPE3205	Outdoor Education Teaching Methods	20
HPE162	Health Issues & Preventive Approaches	25	PH100	Introduction to Philosophy	25
HPE2203	Physical Performance Lab 3	20	Elective	Specialisation Content Unit	25
PS111	Developmental Psychology	25			
<b>Credit Point Total for Y2 S1</b>		135	<b>Credit Point Total for Y2 S2</b>		115
			<b>Total Credit Points Year Two</b>		
			250		

YEAR THREE					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
EDSS0X	Specialisation Teaching Method	15	ET100	Ethics	25
ED3894	School Experience II: Health & Physical Education	50	HPE200	Motor Control Development & Learning	25
ED4130	Advanced Teaching Skills	20	HPE330	Adapted & Inclusive Practice For Physical Education	25
HPE300	Health Education Method 1	15	HPE340	Exercise Biomechanics	25
HPE360	Sport Event Management for Teachers	15	Elective	Specialisation Content Unit	25
HPE380	Physical Education Teaching Method	15	HPE490	Reading & Conference	25
<b>Credit Point Total for Y3 S1</b>		130	<b>Credit Point Total for Y3 S2</b>		150
			<b>Total Credit Points Year Three</b>		
			280		

YEAR FOUR					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
ED4146	Preparing for Internship & Transition	20	ED4132	Working with Indigenous Students	20
HPE400	Health Education 2	20	ED4133	Professional Responsibilities of the Teacher	20
SH6903	Supervised Honours – Human Movement	25	ED4891	Teaching Internship: Secondary (HPE)	70
COH499	Advanced Research Methods, Statistics & Ethics in Health Science	25	SH6906	Supervised Honours – Human Movement	50
TH101	Introduction to Theology	25			
Elective	Specialisation Content Unit	25			
Elective	Specialisation Content Unit	25			
<b>Credit Point Total for Y4 S1</b>		165	<b>Credit Point Total for Y4 S2</b>		160
<b>Total Credit Points Year Four</b>					325
<b>TOTAL COURSE CREDIT POINTS:</b>					<b>1100</b>