



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

COURSE REGULATIONS: BACHELOR OF EXERCISE AND SPORT SCIENCE/ BACHELOR OF BEHAVIOURAL SCIENCE

(BEXSCI/BBEHSC)

**BACHELOR OF EXERCISE AND SPORT SCIENCE (HONOURS)/ BACHELOR OF BEHAVIOURAL
SCIENCE**

[BEXSCI(HONS)/BBEHSC]

**BACHELOR OF EXERCISE AND SPORT SCIENCE / BACHELOR OF BEHAVIOURAL SCIENCE
(HONOURS)**

[BEXSCI/BBEHSC(HONS)]

**BACHELOR OF EXERCISE AND SPORT SCIENCE (HONOURS)/ BACHELOR OF BEHAVIOURAL
SCIENCE (HONOURS)**

[BEXSCI(HONS)/BBEHSC(HONS)]

COURSE CODE: 3162 AND X AND X AND X

Applicability:	These Course Regulations apply to all students who are enrolled in this degree.
Responsible Executive:	Dean
Responsible Office:	School of Health Sciences
Contact Officer:	Senior Administrative Officer
Effective Date:	1 January 2008
Modification History:	Modified January 2007; modified January 2008

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CHAPTER 1: INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Degree Regulations apply to all students enrolled in the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science Degree at the University of Notre Dame Australia.

These Regulations should be read in conjunction with the General University Regulations and the School of Health Sciences and School of Arts & Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences and School of Arts & Sciences Regulations.

1.3 Alternations made to Course Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science degree, the amendments will automatically apply to all students enrolling for the first time in the degree in the year immediately following the adoption of the amendments.

1.4 Applicability to Campuses of the University

The Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science degree is available on the Fremantle Campus only.

CHAPTER 2: ENTRY CRITERIA

The standard entry criteria detailed in the General Regulations and School of Health Sciences and School of Arts & Sciences Regulations apply to this course.

CHAPTER 3: DEGREE REQUIREMENTS

3.1 Structure (Appendix A)

3.1.1 Compulsory units

75 credit points from the core curriculum:

ET100	Ethics	25 CP
PH100	Philosophy	25 CP
TH101	Introduction to Theology	25 CP

925 credit points from the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science:

			Pre-requisites
HPE100	Physical Activity and Health	25 CP	None
BMS100	Human Structure and Function	25 CP	None
PS103	Introduction to Behavioural Science	25 CP	None
CO115	Health Communications	25 CP	None
HPE1500	Industry Practicum 1	25 CP	None
HPE110	Exercise Physiology	25 CP	BMS100
HB101	Applications of Functional Anatomy to Physical Education	25 CP	BMS100
PS104	Theories and methods of Behavioural Science	25 CP	None
HPE162	Environmental Approaches to Public Health and Health Promotion	25 CP	HPE100 or CO115
HPE241	Principles of Strength and Conditioning	25 CP	HB101
RM100	Research Methods	25 CP	None
HPE220	Physiology of Training and Environmental Extremes	25 CP	HPE110
HPE142	Human Growth and Development	25 CP	None
HPE2500	Sport and Recreation Industry Practicum II	25 CP	HPE1500
HPE200	Motor Development and Learning	25 CP	PS100 or equivalent
HPE210	Psychosocial Aspects of Physical Activity	25 CP	PS100
PS100	Developmental Psychology	25 CP	None
HPE251	Health and Disease Risk Factors	25 CP	HPE100, HPE110
PS221	Social Psychology	25 CP	PS100, PS103 or PS104
SS227	Data Analysis and Experimental Design	25 CP	None
PS264	Psychology at work	25 CP	PS100, PS103 or PS104
PS392	Internship Psychology	25 CP	Successful completion of 2 nd year Behavioural Science program
HPE340	Exercise Biomechanics	25 CP	HB101
PS225	Culture and Psychology	25 CP	PS100, PS103 or PS104
PS215	Professional Practise in Behavioural Science	25 CP	PS100, PS103 or PS104
	3 rd year Behavioural Science elective	25 CP	
HPE252	Health and Fitness Appraisal and Counselling	30 CP	HPE110, HPE251
HPE310	Nutrition for Health and Physical Activity	30 CP	BMS100
PS393	Community Psychology	25 CP	PS221& PS225
HPE3500	Industry Internship	25 CP	HPE2500
HPE321	Exercise Physiology for special populations	30 CP	HPE110
PS309	Social Psychology of Justice	25 CP	Completion of 1 st year
PS310	Community Sustainability	25 CP	CO115 or RM100
HPE370	The Australian Sports System	30 CP	None

HPE341	Advanced Biomechanics	30 CP
PS335	Health Psychology	25 CP PS100

3.1.2 Elective units

There is one elective unit within the Bachelor of Behavioural Science component of the double degree. Elective units may be chosen from the list of unit offerings published by the School of Arts & Sciences on an annual basis and must be approved by the Course Coordinator.

3.1.3 Majors/Double Majors

- (a) A student enrolled in the Bachelor of Behavioural Science is permitted to choose a Major from the following:
- (i) Biology (comprises of 8 units in accordance with the General Regulations)
 - (ii) Communications (comprises of 8 units in accordance with the General Regulations)
 - (iii) English Literature (comprises of 8 units in accordance with the General Regulations)
 - (iv) Environmental Science (comprises of 8 units in accordance with the General Regulations)
 - (v) Geography (comprises of 8 units in accordance with the General Regulations)
 - (vi) History (comprises of 8 units in accordance with the General Regulations)
 - (vii) Human Resource Management (comprises of 8 units in accordance with the General Regulations)
 - (viii) Italian (comprises of 8 units in accordance with the General Regulations)
 - (ix) Legal Studies (comprises of 8 units in accordance with the General Regulations)
 - (x) Management (comprises of 8 units in accordance with the General Regulations)
 - (xi) Marketing and Public Relations (comprises of 8 units in accordance with the General Regulations)
 - (xii) Modern Greek Language (comprises of 8 units in accordance with the General Regulations)
 - (xiii) Philosophy (comprises of 8 units in accordance with the General Regulations)
 - (xiv) Politics (comprises of 8 units in accordance with the General Regulations)
 - (xv) Preventative Health (Details given in Appendix C)
 - (xvi) Social Justice (comprises of 8 units in accordance with the General Regulations)
 - (xvii) Sociology (comprises of 8 units in accordance with the General Regulations)
 - (xviii) Theatre Studies (comprises of 8 units in accordance with the General Regulations)
 - (xix) Theology (comprises of 8 units in accordance with the General Regulations)
- (b) There are no majors within the Bachelor of Exercise and Sport Science.

3.1.4 Minors

- (a) A student enrolled in the Bachelor of Behavioural Science is permitted to choose a Minor from the following:
- (i) Aboriginal Studies (comprises of 6 units in accordance with the General Regulations) (Available Broome Campus only)
 - (ii) Biology (comprises of 6 units in accordance with the General Regulations)
 - (iii) Communications (comprises of 6 units in accordance with the General Regulations)
 - (iv) Counselling (comprises of 7 units as detailed in Appendix D)
 - (v) English Literature (comprises of 6 units in accordance with the General Regulations)
 - (vi) Environmental Science (comprises of 6 units in accordance with the General Regulations)

- (vii) Geography (comprises of 6 units in accordance with the General Regulations)
- (viii) History (comprises of 6 units in accordance with the General Regulations)
- (ix) Italian (comprises of 6 units in accordance with the General Regulations)
- (x) Legal Studies (comprises of 6 units in accordance with the General Regulations)
- (xi) Modern Greek Language (comprises of 6 units in accordance with the General Regulations)
- (xii) Philosophy (comprises of 6 units in accordance with the General Regulations)
- (xiii) Politics (comprises of 6 units in accordance with the General Regulations)
- (xiv) Social Justice (comprises of 6 units in accordance with the General Regulations)
- (xv) Sociology (comprises of 6 units in accordance with the General Regulations)
- (xvi) Theatre Studies (comprises of 6 units in accordance with the General Regulations)
- (xvii) Theology (comprises of 6 units in accordance with the General Regulations)

(b) There are no minors within the Bachelor of Exercise and Sport Science.

3.1.5 Specialisations

There are no specialisations within the Bachelor of Exercise and Sport Science / Bachelor of Behavioural Science double degree.

3.2 Practicum or Internship requirements

To be eligible to graduate with the *Bachelor of Exercise and Sport Science / Bachelor of Behavioural Science* a student must successfully complete the following practicum units

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|-----|---------|--------------------------------|-------|
| (a) | HPE1500 | Industry Practicum I | 25 CP |
| | HPE2500 | Industry Practicum II | 25 CP |
| | HPE3500 | Industry Internship | 25 CP |
| | PS392 | Behavioural Science Internship | 25CP |
- (b) Placements are managed and authorized by the Practicum Coordinator and require students to formally register and seek approval on the standard form for the placement with the coordinator prior to commencement of the placement.
- (c) A lower level Practicum unit must be completed prior to enrolment in a higher level practicum unit unless permission is granted by the Dean.

3.3 Approved unit substitutions

There are no approved unit substitutions within the Bachelor of Exercise and Sport Science / Bachelor of Behavioural Science double degree

3.4 Course duration

3.4.1 Standard Duration

- (i) The standard duration of the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science is four years of full time study.
- (ii) Students are able to enrol in the degree on a part-time basis
- (iii) The maximum period of time within which a student is permitted to complete the Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science degree is ten years from the date on which they were first accepted into the course by the University.

3.4.2 Accelerated Duration

An accelerated mode is not available for this course.

3.5 Graduation

A minimum of 1000 credit points drawn from the approved course structure is required in order for a student to graduate with the pass degree Bachelor of Exercise and Sport Science/Bachelor of Behavioural Science.

3.6 Honours in Exercise and Sport Science

The following Regulations must be read in conjunction with the *Policy: The Award of a Degree with Honours*.

Students may undertake a fifth year to complete the *Bachelor of Exercise and Sport Science* with Honours

The following units comprise the honours year within the *Bachelor of Exercise and Sport Science* component of the double degree:

COH499	Advanced Research Methods, Statistics and Ethics in Health Science	25 CP
HPEXXX	Cognate unit from postgraduate Exercise Science Offerings	25 CP
HPE490	Reading and Conference	50 CP
COH415	Honours Research Dissertation	150 CP

3.7 Honours in Behavioural Science

The following Regulations must be read in conjunction with the *Policy: The Award of a Degree with Honours*.

3.7.1 Admission to an Honours program

- (a) Admission to the Bachelor of Behavioural Science with Honours is by invitation (in accordance with School procedures) and is subject to approval by the Dean.
- (b) Enrolment in the Bachelor of Behavioural Science (Honours) program on a part-time basis is permitted with the approval of the Dean.

3.7.2 Selection criteria

- (a) The following selection criteria will be used for a student being invited to enrol in an Honours program:
 - (i) To be considered for entry to the Bachelor of Behavioural Science (Honours) degree, a student must normally achieve an average of 70% or higher in the Behavioural Science major within their degree.
 - (ii) Any student can be admitted to the Honours degree on the recommendation of the Honours Coordinator and with the approval of the Dean
 - (iii) No student will be accepted into an honours program unless the Dean has determined that the College has the staff expertise and facilities capable of supporting the applicant.

3.7.3 Compulsory Honours coursework units

A student invited to enrol in the Honours program must:

- (a) undertake one undergraduate course unit in each semester of the student's Honours program selected in consultation with the supervisor,
- (b) complete one 5000 word essay for each of these which must be submitted to the Honours coordinator(s) during or prior to Week 10 of the semester, based on a theme or topic relevant to the unit and approved by the Honours coordinator (each essay is worth 20% of the Honours grade).
- (c) attend at least 85% of classes.
- (d) attend a weekly workshop series run over both semesters, and contribute to the discussion of student research progress and problems. Attendance for at least 85% of all workshops is necessary to successfully complete the Honours Program.

3.7.4 Compulsory Research component

Each student is required to:

- a) Present a seminar paper to the School of Arts and Sciences in Week 5 or 6 of the student's first semester of enrolment in the Honours program, outlining the proposed thesis research including its topic, main questions and objectives, and anticipated outcomes.

- b) Submit a research proposal and required ethics applications to the School of Arts and Sciences, prepared under the guidance of their supervisor, in Week 8 of the student's first semester of enrolment.
- c) Present a second seminar paper in Week 6 of the student's final semester, outlining the methods which were applied, the objectives and questions which were addressed and the main findings (or anticipated findings) which were determined in the student's thesis research.
- d) Submit for examination an Honours-level thesis of between 18,000 and 20,000 words in Week 12 of the student's second semester (or part-time equivalent). The thesis is worth 60% of the final Honours grade.

3.7.5 Examination of Research component

- a) Examination of the Honours research component within the Bachelor of Behavioural Science (Honours) is detailed in the School of Arts and Sciences *Guideline: Examination of Honours Research Components*.
- b) The research thesis is examined by at least two examiners, one of whom is normally external to the University.

3.7.6 Awarding Honours

Honours within the Bachelor of Behavioural Science is awarded as graded Honours.

End of Regulations