



THE UNIVERSITY OF  
**NOTRE DAME**  
A U S T R A L I A

# Study Abroad Pre-departure Guide 2010



Fremantle



## Welcome to The University of Notre Dame Australia

Congratulations on your decision to pursue your education with us at The University of Notre Dame Australia (Notre Dame Australia). We welcome you as part of the Notre Dame community on the Fremantle Campus.

We have a network of support systems on campus to ensure that you have the assistance you need to succeed academically. Our pastoral care and guidance supports the concept of the University as a family community, one in which all members of staff and students take pride in. Academic and Administration staff will provide you with individual support as well as advice as to where and how to obtain particular assistance or information.

The Director of Study Abroad, the Dean of each Academic School and the Staff exercise a leadership role in pastoral care. They will ensure that you receive assistance in relation to all academic matters and any other appropriate support needed.

The Chaplaincy service of the University is central to its pastoral mission and develops the prayer life and spirituality of the University. It holds particular responsibility for your wellbeing by facilitating your participation in student life and providing counselling and other support services.

This Pre-departure booklet is designed to assist you in the transition to life as a student in Australia. While this guide covers many important matters, there will be aspects of Australian life which can only be learned through the experience of living and studying here.

Before classes commence, you will enjoy an Orientation Program where further information will be given about academic and residential matters. You will meet key staff from the Study Abroad Office, the Student Life Office and other areas of the University who will be working with you to make your stay an enjoyable one.

We look forward to having you join us for the semester and value your participation in our community.

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# Coming to Australia

## What to bring

### Money

We do not recommend that you bring large amounts of money with you for safety reasons. However it is important to have a certain amount of money with you for when you arrive to help you settle in. Approximately AU\$500 in cash should be enough for the first few days until you can access your bank account.

Mastercard, Visa, American Express and Diners Club credit cards are widely accepted by Australian businesses.

### Clothing

Perth is well known for its Mediterranean climate with hot dry summers and cool winters. Although days can be warm, the evenings can become cool. November to April are our warmest months and temperatures range from 22°C - 40°C. May to October are cooler months in Perth with temperatures of 7°C -19°C.

Clothing suggestions:

- Lighter clothing for summer months: jeans, t-shirts, shorts/skirts
- Hats and sunglasses are a must
- Sweaters and light jackets for cooler evenings and winter
- Raincoat (it may be easier to buy an umbrella here in Perth)
- A variety of footwear – If you are participating in the fieldtrip attached to AL375 you will require two pairs of closed-in shoes to wear in the 'Outback'. Trainers / sneakers are acceptable and can be purchased in Australia. One of these pairs of shoes is likely to get wet and dirty.
- Swimsuit/bathers as the beaches are irresistible!

### Electrical goods

All electrical goods are available in Australia, so you can buy anything you need once you arrive. If you would prefer to bring your own electrical appliances, please be aware of excess baggage costs when you are checking in.

In Australia, we use Australian standard 240V, therefore you may require both a plug adaptor and a voltage converter to use electrical appliances from your home country. These are very easy to find in Perth and are reasonably priced.

### Quarantine guide

It is extremely important that any items of an animal or plant nature, including any foodstuffs at all, are declared upon arrival in Australia. No matter how small or trivial your items may seem, they may be potentially harmful to Australian flora and fauna.

- On entering Australia by plane or ship, you are required to complete an Incoming Passenger Card. This card must be read carefully and completed truthfully.
- Do not carry illicit substances either into or out of Australia. Penalties for drug offences in Australia are severe and could result in a jail term.

Please refer to the brochures included in your Orientation pack or, for further information, log on to the Quarantine website at [www.aqis.gov.au](http://www.aqis.gov.au).

### Wildlife trade

Trade in endangered and threatened (animal and plant) wildlife and native Australian wildlife is strictly regulated. It may be illegal to take some goods out of, or into, Australia. All permits must be obtained before you leave or enter Australia. Severe penalties apply for offences against the Wildlife Protection Act. If you have any questions regarding the wildlife trade please contact:

Environment Australia  
Phone: +61 2 6274 1900  
Fax: +61 2 6274 1921  
Email: [wps@ea.gov.au](mailto:wps@ea.gov.au)

## Arriving in Australia

Please make sure you bring this guide in your carry-on luggage when you travel. It contains contact numbers and information to help you arrive safely and securely.

### Airport arrival options

#### Fremantle Airport Shuttle Bus

This airport pickup service can be booked online at [www.fremantleairportshuttle.com.au](http://www.fremantleairportshuttle.com.au).\*

Please note that you receive a discount if you book in a group; therefore if you are travelling with other students make sure you book at the same time to receive the discounted rate.

\*The website includes a map of Perth with International Airport shuttle bus pick up points.

#### Cost

The cost is approximately AU\$35 per person, AU\$45 for 2 passengers and AU\$10 per head for any additional passengers. You will need to pay the driver in Australian dollars when you are picked up so make sure you change some money to Australian dollars at the airport when you arrive or before you depart from home.

#### At the airport

Make your way through the airport terminal exit doors where you will find the shuttle bus pick up points. Please be at the designated spot at least 10 minutes prior to the organised leaving time. Please wait at the designated stand or sit inside and watch for the bus.

If you are unsure, please ask one of the airport assistants or security staff for where and when the next shuttle arrives.

The 24 hour shuttle bus number is +61 8 933516 14 (local number is 9335 1614).

Please advise the driver of the full address of where you need to be taken and pay as you board.

#### Taxi

Numerous taxi companies service Fremantle and the surrounding suburbs. A taxi fare from the International Airport to the Fremantle area will cost approximately AU\$50. There are usually taxis in the ranks at the international airport for any flight. However, if your flight has been delayed or arrives at an unusual time, you can contact local taxis at the numbers below.

Two reputable agencies are:

- Swan Taxis - 13 13 30\*
- Black and White Taxis - 13 10 08\*

\*Telephone numbers are local ONLY



▲ Round House Lawn, Fremantle

## Accommodation

### On-campus accommodation

#### The University of Notre Dame Australia Halls of Residence (Residences)

The Residences are located on campus as follows:

1. Port Lodge, 28 Marine Terrace, Fremantle
2. P & O Hotel Residence, 25 High Street, Fremantle
3. Cleopatra Hotel, 24 High Street, Fremantle.

The Residences are subject to availability and students must contact their home Study Abroad Office/International Office to ensure that there is availability on campus.

Shortly before leaving your home country, you will be notified of your placement in the Halls of Residence on campus, or will be given other accommodation options off campus. Large groups will be given this information by their home university and the smaller groups will be emailed by the Study Abroad Office.

#### Residential Supervisors on campus

A Residential Supervisor (RS) is assigned to each Hall of Residence (Residence). The RS oversees all students and will assist you with academic, social, liturgical and cultural activities. The RSs are concerned for your safety and health while in residence, and manage any discipline issues that may arise in the Hall. You are responsible for your own behaviour, and must exercise care and concern for the University facilities and your fellow residents.

#### Dates Residences open and Orientation

In Semester 1, 2010 the Residences will be open from Monday 15th February. Please note that you are not permitted into them before this date. The Orientation program will commence on Wednesday 17th February and is compulsory for all Study Abroad students.

#### Rooms and equipment for on-campus accommodation

The Residences are located on campus. Rooms are not uniform in size. You may be allocated a single room, a twin or triple room. Bathroom facilities are shared, as are kitchen facilities for self-catering. Bed linen and a towel are provided. Each room has a study desk fitted with a desk lamp. All electrical goods are available in Fremantle and can be purchased when you arrive. If you would prefer to bring your own electrical appliances, the Australian standard is 240 volts. For expensive electrical appliances, such as CD players or radios, an adaptor or converter with appropriate voltage conversions should be purchased prior to departure. Radio Shack products have proved successful here, but be warned that converter products do not always work. Keep receipts! Reasonably priced adaptors can be purchased in Fremantle.

Common rooms have dining tables, TV and video. Each Residence is self-catering and has a community kitchen with appliances and equipment. Regular "combined Residences" meals are arranged at different locations throughout the semester.

**Alcohol is not allowed in the Residences and there is a 'zero tolerance' drug policy.**

#### Residential bond

If living on campus you will be required to pay AU\$150 residential bond during Orientation week, which will be returned to you at the end of semester, providing that your room is left in good order.

## Living in Perth and Fremantle

### Fremantle

Fremantle is the port City of Perth and only 20 minutes by train from the Perth Central Business District (CBD).

Fremantle has a vibrant mix of cultures and people in this working port City. Fremantle is unique for its heritage architecture and artistic cosmopolitan atmosphere with many galleries and eateries. Alfresco cafés line the streets offering an extensive range of international cuisine, casual eating and dining options.

Fremantle has been described as the world's best-preserved 19th century seaport. In order to familiarise yourself with Fremantle we suggest you take one of its tram tours. This is an opportunity to see Fremantle's main sights and to quickly decide which places you would most like to explore later. The tram driver will explain the different areas to you and you will quickly get your bearings of the lively city of "Freo" as it is known to locals.

You can easily walk from Notre Dame to any of these places when you are in Fremantle:

- **Fremantle Markets** – boast a variety of bargains, fresh foods, cooking ingredients and souvenirs along with various other stalls. The markets are open Fridays 9am to 9pm, Saturdays 9am to 5pm, Sundays 10am to 5pm and Monday Public Holidays 10am to 5pm.
- **Convict buildings** – including the Round House building which is the state's oldest building (dating back to 1831).
- **Fremantle Prison** – which received its first prisoners in 1855 and was built by the prisoners themselves. You can take a tour of this historical, now unused prison, which is said to be haunted. These tours are usually run at night by candle light to add to the fright!
- **WA Maritime Museum** - displaying shipwrecks and with tales of exploration, shipwreck and mutiny at the WA Maritime Museum. Open daily 9.30am to 5pm.
- **Fishing Boat Harbour** - a favourite destination for locals and tourists, the Fishing Boat Harbour has a wide range of attractions including high-speed boat rides, restaurants, cafes, bars, coffee shops and a tranquil harbour tour.

### Perth - the City

Perth is the capital City of the State of Western Australia. It is a cosmopolitan City and is the chief commercial, cultural and administrative centre of the state. Perth is only 20 minutes from Fremantle by train, bus or car.

Perth offers a friendly and relaxed atmosphere with many highlights including:

- A wide range of restaurants, reflecting Perth's multicultural atmosphere
  - World class sporting facilities
  - An efficient public transport system
  - Within easy touring distance of diverse Australian environments including wine-growing areas, scenic coastal districts and the 'outback' desert
  - Some of the best beaches in the world
  - The picturesque Swan River
  - Numerous parks and wetlands, including the famous Kings Park
- Please refer to the Western Australian Tourism Commission website for more helpful information at [www.westernaustralia.net](http://www.westernaustralia.net)

## Indicative living costs

### Consumables

- Food  
AU\$100+/week
- Public Transport  
AU\$10-15/week
- Laundry, dry cleaning  
AU\$10/week
- Clothing, toiletries, entertainment  
AU\$60+/week

## Shopping

### Normal shop trading Hours

8.30am – 5.30pm Monday to Friday 8.30am – 5.00pm Saturday

### Extended shopping hours

Every Thursday, shops in the suburbs are open until 9.00pm.

Late night shopping in the City is on Friday until 9.00pm. Stores in the City and Fremantle are open from 12.00pm to 5.00pm each Sunday.

## Money: ATMs and EFTPOS

ATM or Automatic Teller Machine. These machines are operated by a bank or credit union which dispense cash and allow limited transactions 24 hours per day. They are conveniently located at banks and shopping centres and there are a number in Fremantle.

EFTPOS, or Electronic Funds Transfer at Point of Sale is provided by a small machine located next to the till in most shops, allowing you to use a credit card or bankcard to purchase goods. You can also withdraw cash if you have a card which is linked to your bank account.

EPOS or Electronic Point of Sale differs from EFTPOS by allowing you to deposit money (eg into a bank account or credit card) as well as withdraw money. Unlike EFTPOS, an EPOS deposit or withdrawal gives you a balance of the account upon completion of the transaction.

**Your credit cards and bankcards are valuable.**

**Keep them in a safe place!**

## Banking

If you are intending to remain in Australia for some time, it makes sense to open a bank account here in Perth.

In order to open a bank account in Australia, you need to provide written confirmation of your enrolment at your educational institution, your student card and passport. It normally takes a week or so for bankcards to be mailed to an applicant. There are many banks for you to choose from and they all offer different services, so it pays to 'shop around'.

Banks located in Fremantle are:

ANZ Bank  
5 Queen Street, FREMANTLE  
Phone: 13 13 14\*  
[www.anz.com](http://www.anz.com)

BankWest  
Queen St (cnr Cantonment St)  
Phone: 13 17 18\*  
[www.bankwest.com.au](http://www.bankwest.com.au)

Commonwealth Bank  
3 Queen Street, FREMANTLE  
Phone: 13 22 21\*  
[www.commbank.com.au](http://www.commbank.com.au)

National Australia Bank (NAB)  
96 High Street, FREMANTLE  
Phone: 13 22 65\*  
[www.national.com.au](http://www.national.com.au)

\*Telephone numbers are local ONLY

## Getting around: transport

The easiest and most common way to move around Perth is by using Transperth's train and bus system. Notre Dame is only a five minute walk from the Fremantle train station. Trains run between Perth and Fremantle at very regular times during the day. All buses to Fremantle terminate at Fremantle train station. You can access the Transperth website which details all the local transport options at [www.transperth.wa.gov.au](http://www.transperth.wa.gov.au)

If you live off campus, you are able to buy a Smartrider. Smartrider cards have an initial purchase fee of AU\$10 and a minimum of AU\$10 must be added to your Smartrider. The fare rate with a Smartrider is cheaper than standard ticket prices.

The cost is dependent on the Zone (area) you live in. You will be shown how the transportation system works on the day of the 'Roundabout Perth' trip during Orientation week.

Fremantle and Perth city both have a free Central Area Transit (CAT) orange bus service. This orange bus service operates within these two areas at no cost, usually every 15 minutes.

## Sun awareness

The Western Australian sun is intense and is harmful to your skin. To avoid sunburn and skin damage please use 30+ sunscreen, cover up and wear a hat. Please review the Cancer Council website for other tips on sun awareness while in Australia.

<http://www.cancer.org.au/cancersmartlifestyle/SunSmart/Preventingskincancer.htm>

## Telephones and internet access

All homes in Australia have a telephone and mobile phones (cell phones) are very popular. Many Australian homes also have computers and internet access is inexpensive and easily arranged. There are internet facilities and phones on the campus which are freely available to students. There is an internet café located on Market Street in Fremantle across from the Post Office.

## Food

Australians normally eat fruit and cereal with milk or toast with eggs or something similar for breakfast. Lunch is usually a light meal - a sandwich/salad or something takeaway - while dinner is the main meal of the day. This will normally consist of a main course sometimes followed by dessert or fruit. Many people drink tea or coffee between meals and sometimes they will have a snack for morning or afternoon tea.

## Etiquette

Smoking is not permitted by law in all buildings or on public transport. It is only permitted in small allocated outside areas in restaurants. It is considered very impolite to smoke a cigarette while other people are eating. If you wish to smoke in someone's house, it is good manners to ask permission. Do not be offended if the owner asks you not to smoke in the house!

Chewing gum or eating food noisily or with the mouth open is bad manners in Australia. Sniffing and spitting are also habits not appreciated by Australian people.

Australians form queues (lines) when they are waiting for service in banks, supermarkets, cinemas etc and do not accept you "jumping in" ahead of their place in the queue.

When leaving a shop, office or classroom, it is usual to hold the door open for those following, and/or to stand back to let another person through the doorway. On public transport, it is conventional for younger people to give up their seats in favour of older people and those with special needs.

It is a legal offence to throw rubbish on the ground and not in a rubbish bin, including cigarette butts. Australians value their environment and try to keep it as clean as possible.

## Leisure and sporting activities

The pleasant climate and beautiful environment provide numerous opportunities for leisure and sporting activities.

Sport is very popular and there are excellent public facilities for sport in Fremantle. There are swimming pools, ovals, tennis and squash courts, leisure centres, basketball courts, golf courses, beaches etc. Many Australians play and watch sport on the weekends and you will have the opportunity to discover many new and exciting sports. Playing sport is a good way of meeting people and making friends.

## Entertainment

There are numerous cinemas, cafes and restaurants nearby. We recommend that you go out at night in groups and that you never travel alone.

Every Thursday a free newspaper called Xpress is issued and contains detailed entertainment information for Fremantle and the surrounding Perth area. It includes events such as live music venues, cinema venues and screening times, art exhibitions and theatre events. You can pick this paper up normally out the front of selected clothing stores, shopping centres, cafes and the Notre Dame Student Association offices on campus. Your free local community newspaper will also have a section in it each week outlining local events.

The City of Fremantle website [www.fremantle.wa.gov.au](http://www.fremantle.wa.gov.au) includes the following information and more:

- things to do and see
- food and drink guide
- getting around
- community facilities

Notre Dame also has staff members who organise trips and events for overseas students providing them opportunities to meet fellow students and visit some of our popular tourist destinations.

## Making friends

Australians are generally friendly and sociable. Most people are keen to meet students from overseas and the friends you will make while studying will quite often invite you out for a coffee, to see a movie, or to their homes for a meal. You will also meet lots of people by attending the University's social events and joining sporting clubs on campus and off campus. Please note that the majority of sport in Australia is played within community clubs and groups. The 'College' sport is relatively social rather than competitive.

## Emergencies

In the case of an emergency, dial 000\*. This will put you in contact with the police, fire and ambulance services.

\*Telephone numbers are local ONLY

## Laws and Regulations You Need to Know About

### Immigration regulations

The Department of Immigration and Citizenship regulations require overseas students to be enrolled on a full-time basis. For university students, this means a minimum of four units of study per semester.

It also requires that neither your passport nor your visa should expire during your studies at Notre Dame. If this happens you may be forced to return to your home country. If you have any questions regarding your visa or immigration regulations, please visit [www.immi.gov.au](http://www.immi.gov.au)

### Work and study rights

Your visa allows you to work for up to 20 hours per week during each semester and full time during university breaks.

You need to see the International and Scholarships Office in Student Administration Office at Notre Dame, located in ND1, 19 Mouat Street, Fremantle, to activate your course so that you can apply for an Australian tax number.

\*Forms for the Tax File Number are also available at newsagencies.

### Academic performance

In order to comply with student visa regulations you must maintain a 'good standing' status at the University. This means maintaining a good academic record.

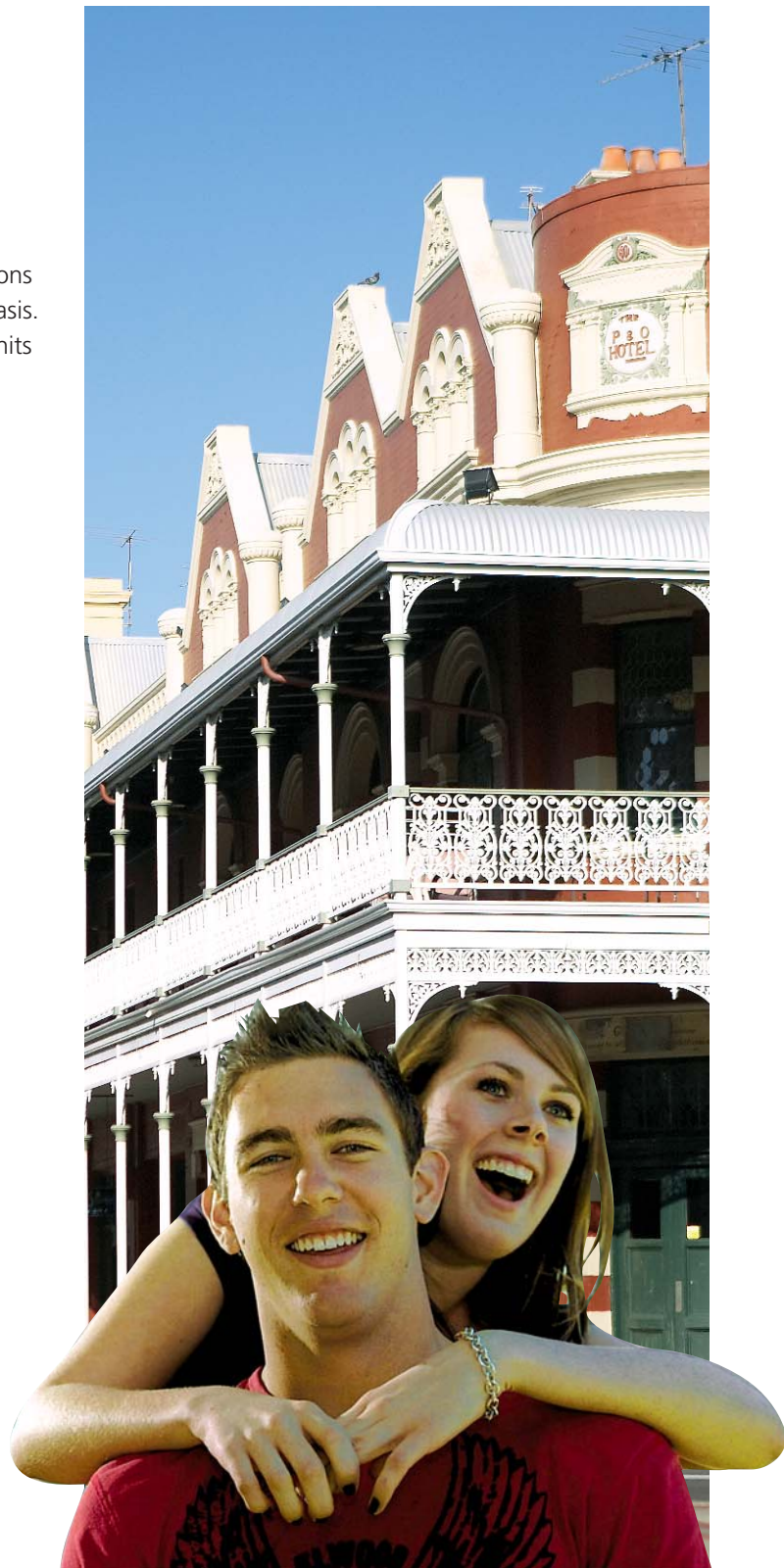
### Overseas Student Health Cover (OSHC)

The Australian Government has made it a requirement of your student visa that you have adequate medical insurance or health cover from an Australian Health Fund. Worldcare and Medibank Private are two of the biggest Overseas Student Health Cover providers in Australia.

The University insures you with Worldcare before you arrive. Cost of the OSHC must be paid when you receive your invoice. Some Universities pay on behalf of their students in which case students you will not receive an invoice. The OSHC is effective from the time and date that you arrive in Australia and valid for the length of your course.

If you change/extend your course, it is your responsibility to ensure that you remain covered as long as you are studying. Should your OSHC lapse, you are in breach of your student visa requirements, which means your visa could be cancelled and medical costs would not be covered. During your Orientation Week, you will receive your Worldcare card, which shows the policy number and the date your cover expires.

\*Further information on OSHC Worldcare can be found at: [www.oschworldcare.com.au](http://www.oschworldcare.com.au)



▲ P&O Hotel, Fremantle

## Medical care

Australian medical practices generally require patients pay for their consultation at the time of the appointment. Any medications prescribed are paid for separately at a chemist who dispenses the medication.

Ellen Street Family Practice in Fremantle (see address listed under Doctors section) bulk bills directly to Worldcare, which means that after your medical appointment the clinic sends your bill to Worldcare and the bill is paid for you. For a list of the clinics that bulk bill to Worldcare, please see listing under Doctors.

For doctors who do not bulk bill Worldcare, you will be required to pay for the appointment at the time of consultation. You then take the receipt and your card to the Notre Dame Student Life Office, ask for a Worldcare claim form, fill it in, attach your receipt into a postage paid envelope and send to Worldcare to receive a refund by cheque or bank deposit. It is also possible to go to the Worldcare website to file your claim. [www.oshcworldcare.com.au](http://www.oshcworldcare.com.au) There is also an onsite cash refund service provided by Worldcare every two weeks from the Student Life Office. If you have any questions please call the toll free number 1800 651 349\*.

\* Telephone number is local ONLY

## Worldcare costs for 2010

Single cover: AU\$195 per semester

## Doctors

### WORLD CARE Bulk Billing Doctors

#### Ellen Street Family Practice

59 Ellen Street, FREMANTLE

Phone: +61 8 9430 5001

#### Dan Xu Pty Ltd

34B Regent Avenue, MOUNT PLEASANT

Phone: +61 8 9305 1989

#### University of WA Medical Centre

35 Stirling Highway, CRAWLEY

Phone: +61 8 6488 2118

### 24 Hour Emergency Medical Centres

#### Fremantle Hospital

Alma Street, FREMANTLE

Phone: +61 8 9431 3333

#### Royal Perth Hospital

Wellington Street, PERTH

Phone: +61 8 9224 2244

#### Sir Charles Gardner Hospital

Hospital Avenue, NEDLANDS

Phone: +61 8 9346 3333

Australian Health and Medical terms:

- Surgery: the name of a building where a Doctor works, or a process of undergoing an operation in hospital.
- Clinic: a building where health professionals work.
- GP: abbreviation for a General Practitioner (Doctor)
- Claim form: a form filled out and sent to your health insurer to claim a refund or money spent at a clinic or hospital
- Pharmacy/Chemist: a shop that sells medicine.
- Prescription: a piece of paper the Doctor issues during your appointment, which is taken to a chemist to purchase medicine that is not available over-the-counter.

## Getting Started

### Orientation 2010

Orientation week starts before actual classes commence, and all international students are required to attend. Orientation provides essential information to all students as well as an opportunity to form new friendships, meet current students and learn about all the services available to assist you in the transition to Notre Dame.

Orientation Week includes information about:

- Introduction to key staff from the Study Abroad Office and the Student Life Office
- Campus services and facilities
- Academic support and enrolment
- Tour of the campus and Fremantle area
- Introduction to public transport
- Fire safety
- University life
- Student associations and clubs
- DIMIA and student visa information
- Overseas Health Cover information
- Religious facilities and support on-campus

It also provides seminars designed to prepare you for Australian tertiary education, including computer and Notre Dame library usage, exam and assignment preparation and research presentation skills.

### Important campus dates 2010

#### Event Dates in 2010

Orientation Week	15th February – 19th February
Semester 1 commences	22nd February
Last add/ drop date for changes to subject enrolments	5th March
Confirmation of enrolment	week of 8th March
Easter and Non teaching/ Essay preparation week	2nd April – 9th April
Study week	week of 1st May
Examinations	7th – 18th June
Closing date for the residences	19th June

For further information The University of Notre Dame Australia dates go to [www.nd.edu.au/currentstudents/calendarsAndTimetables.shtml](http://www.nd.edu.au/currentstudents/calendarsAndTimetables.shtml)



▲ Malloy Courtyard, Fremantle Campus

## Adjusting to university study

Many academic staff will have specified 'contact times' during which students can drop in for advice on study-related matters. One way to do this would be to see lecturers or tutors at the end of their class and ask for a convenient time to meet.

You can also telephone or email the lecturer or tutor. Contact information for staff can be found on The University of Notre Australia Dame website at [www.nd.edu.au](http://www.nd.edu.au) then by clicking on either staff phone directory or staff email directory.

## Demands of study

Students everywhere have at least one thing in common. Being a student means a lot of hard work in your own time and at times pressure to get things done. So you already have one thing in common with Australian students because the same is expected of them.

Don't wait until the last minute to get help.

Sometimes students feel shy about asking for help and they wait until the last days before an essay is due. Early consultation will mean effective help. Your lecturers and tutors will expect you to discuss any issues or concerns about assignments or tutorials with them.

## Timetables and tutorials sign-ups

You will be given your timetable (schedule) on arrival. This will be explained during the Academic Orientation.

## Student services and facilities

### Student Life Office

The Student Life Office is dedicated to providing students with academic and social activities and support as well as recreational and sports programs whilst you're at the University. It has a wide range of resources and information geared toward making your time at University enjoyable and memorable – as it should be. You are always welcome to drop in to browse through the resources and sports updates, make appointments with support staff and find out about programs that are run from the office.

The Student Life Office is located in the chapel courtyard (ND9).

#### Student Administration

Phone: + 61 8 9433 0528

Email: [studentadmin@nd.edu.au](mailto:studentadmin@nd.edu.au)

Location: Building ND1, 19 Mouat Street, FREMANTLE

## Sport and recreation

**Sports Officer:** Jaimee Montgomery

**Phone:** +61 8 9433 0588

**Email:** [jmontgomery@nd.edu.au](mailto:jmontgomery@nd.edu.au)

The Sports programme at Notre Dame Australia provides opportunities for all students. All sport, apart from casual sport played on-campus, is coordinated by the Student Services Officer. Please contact Jaimee for further information.

## Casual employment

We are regularly notified of employment opportunities with local businesses in Fremantle and Perth. To receive e-mails about casual employment opportunities please send an e-mail from your student account to [studentservices@nd.edu.au](mailto:studentservices@nd.edu.au) with CASUAL EMPLOYMENT in the subject heading.

## Counsellor service

**Phone:** +61 8 95830580 (for appointments)

**Email:** [appointments@nd.edu.au](mailto:appointments@nd.edu.au)

If you are experiencing personal problems, the Student Life Office has fully qualified Counsellors on staff who can assist you. The service is free of charge and confidential. Your attendance at counselling sessions will not be divulged to academic staff unless you ask, and it is not noted on your student file.

If your problems are related to University procedures and regulations, your School should be your initial point of contact.

You will need to make an appointment before you can meet a counsellor. You can do this by phoning +61 8 9433 0580 or emailing [appointments@nd.edu.au](mailto:appointments@nd.edu.au)

## Learning support program

### Lunchtime skills seminars

The University runs a Learning Support Program to assist with your transition to tertiary education and we highly recommend a series of 45-minute lunchtime skills workshops which are run in both semesters. Workshops are run on the following topics:

– Getting Organised:

Time management, Effective Note Taking and Effective Reading.

– Introduction to Computer Skills

– Using the Library Catalogue

– Oral Presentation Skills

– Using Databases (EBSCO)

– Essay Writing Skills

– What is Referencing and Why is it Important?

– How to Complete a Multiple Choice Exam Successfully

– Responding to Short Answer and Essay Exams Successfully

– Meditation and Relaxation Techniques

These will be advertised throughout the semester via the website, your lecturers and notice boards. For dates, bookings or more information, contact the Student Life Office.

## Academic skills support counselling

**Phone:** +61 8 9433 0599

If you need additional support with academic writing, referencing or exam preparation skills, the Student Life Office also has a tutor available by appointment. To book an appointment, come in to Student Life Office, or phone us on 9433 0580 or email [appointments@nd.edu.au](mailto:appointments@nd.edu.au).

## International Student Association (ISA)

**Phone:** +61 8 9433 0599

The International Student Association (ISA) was formed in 2002 with the aim of helping international students become part of the Notre Dame community. The ISA aims to promote and enhance international awareness, cooperation, cultural diversity and dialogue among students at Notre Dame as well as the surrounding communities.

All enquires should be directed to [mgay1@nd.edu.au](mailto:mgay1@nd.edu.au)

## The Student Association

**Phone:** +61 8 9433 0587

**Website:** [studentassociation.nd.edu.au](http://studentassociation.nd.edu.au)

The Student Association is the voice of the students of Notre Dame. Every student is automatically a member of the Association and is entitled to its services and benefits. Its Mission is to serve the best interests of the student body by interacting with the University administration, organising social events, and providing support and assistance to the student body.

The Student Association Executive is elected by the students of each School to ensure that all students are well represented.

The Student Association provides for the student body:

- representation on the University Student Affairs Committee
- publication of Quasimodo, the Notre Dame student newspaper
- support for student clubs and societies
- organisation of the annual Student Association ball and cocktail party
- on-campus social sport
- lost property service
- information on education and youth issues.

## Student clubs and societies

- Behavioural Science Student Society (PSYCHE)
- Forum
- International Students Society (ISA)
- Medical Students Association of Notre Dame (MSAND)
- Notre Dame Law Students' Society (NDLSS)
- Orphans of Africa
- Notre Dame Music Crew (N.D.M.C)
- Performing Arts Notre Dame Australia (PANDA)
- Quasimodo: Quasimodo is the University's student produced newspaper.
- Society of Health and Physical Education (SHAPE)
- The Education Society
- The Nursing Student Society
- The Social Justice Group
- Unitas

## Nothing here that takes your fancy?

The Student Association welcomes and encourages new student clubs, societies or interest groups. Call into its office in Prindiville Hall (ND3) in Mouat Street to chat with one of your student representatives about how to start a new club or society.

## Campus Ministry

University Chaplain: Fr Gerry Conlan OMI

Phone: +61 8 9433 0551

Email: [chaplain@nd.edu.au](mailto:chaplain@nd.edu.au)

Campus Minister: Tom Gannon

Phone: +61 8 9433 0629

Email: [tgannon@nd.edu.au](mailto:tgannon@nd.edu.au)

Campus Ministry supports the life of the university.

This is made possible through a variety of practical opportunities and experiences which you can engage in. The following is a list of some of the opportunities that are currently available or being developed:

- The Notre Dame Volunteer Network
- Interaction for international and local students.
- A student retreat each semester.
- Opportunities for reflection and prayer.
- Daily mass at 12.35pm in the Holy Spirit Chapel and a weekly Student Mass organised by students for students
- Musicians' Group for instrumentalists and vocalists.
- Sunday Mass at 6pm in the Holy Spirit Chapel. (This includes the opportunity to meet Fremantle locals and form connections and friendships.)

## Non-denominational prayer room

In recognition of the diversity of the Notre Dame student body, a prayer room is available for use by students of non-Christian faiths.

## Contact list

Please use the following list to find the person who can help you with any questions you may have.

Contact Details \*

### The Study Abroad Office // 9433 0108/121 // ND 32

<b>Professor Peta Sanderson</b>	Director, Study Abroad & Assoc. Provost, Research	Email: psanderson@nd.edu.au	
<b>Ms Christine Hopkins</b>	Executive Officer, Study Abroad	Email: chopkins1@nd.edu.au	Phone: +61 8 9433 0108
<b>Mrs Sue Wade</b>	Study Abroad Project Officer	Email: swade@nd.edu.au	Phone: +61 8 9433 0121

### Student Life Office // 9433 0579 // ND 9

<b>Mr Dave McLean</b>	Manager, Student Life Office	Email: dmclean@nd.edu.au	Phone: +61 8 9433 0585
Ms Michelle Gay	International Student Liaison Officer	Email: mgay1@nd.edu.au	Phone: +61 8 9433 0579

### Campus Ministry // 9433 0551/629 // ND 9

<b>Mr Tom Gannon</b>	Manager, Campus Ministry	Email: tgannon@nd.edu.au	Phone: +61 8 9433 0629
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\*ALL international calls require +61 8

### Other contacts include:

The University of Notre Dame Australia	Phone: +61 8 9433 0555	Computing Library help desk	Phone: +61 8 9433 0706
School of Arts & Science	Phone: +61 8 9433 0101	Student Administration ND 1	Phone: +61 8 9433 0520
School of Business	Phone: +61 8 9433 0630	First Aid	Each School can help
School of Education	Phone: +61 8 9433 0150	Grievances	
School of Health Science	Phone: +61 8 9433 0208	Student Administration ND 1	Phone: +61 8 9433 0528
School of Law	Phone: +61 8 9433 0720	Accommodation ND 9	Phone: +61 8 9433 0579
School of Nursing	Phone: +61 8 9433 0222	International Student Cards (If you are an enrolled Notre Dame student, you will require a Notre Dame student card)	
School of Medicine	Phone: +61 8 9433 0182	Student Administration Office ND 1	Phone: +61 8 9433 0520
School of Theology	Phone: +61 8 9433 0137	OSHC Worldcare	
International Student Association	Phone: +61 8 9433 0599	Student Life Office ND 1	Phone: +61 8 9433 0693
Student Association	Phone: +61 8 9433 0587	Tours & Recreation	
Admissions Office ND 1	Phone: +61 8 9433 0697	Student Life Office ND 9	Phone: +61 8 9433 0580
Bookshop Co-op Bookshop 30 Marine Tce, FREMANTLE	Phone: +61 89335 9225	Visa	
Change of Address		Student Administration ND 1	Phone: +61 8 9433 0528
Student Administration Office ND 1	Phone: +61 8 9433 0528	Work Permit	
Clubs Student Services	Phone: +61 8 9433 0580	Student Administration ND 1	Phone: +61 8 9433 0528

### Important phone numbers

Police: 000 (emergency) 131 444 (nearest police station)

Fire Brigade: 000 (emergency)

Ambulance: 000 (emergency)



THE UNIVERSITY OF  
**NOTRE DAME**  
A U S T R A L I A

The objects of The University of Notre Dame Australia are

- a) the provision of university education within a context of Catholic faith and values; and
- b) the provision of an excellent standard of –
  - i) teaching, scholarship and research;
  - ii) training for the professions and
  - iii) pastoral care for its students.

19 Mouat Street (PO Box 1225) Fremantle WA 6959  
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CRICOS PROVIDER CODE: 01032F

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